

Flowers are
Love's TRUEST
Language.
Park Benjamin



The Niagara News

Vol. 25 No. 14

FREE

FRIDAY, MARCH 24, 1995

Sweet flowers are slow, and weeds make haste. -- Shakespeare

Climbing the rocks

See page 16

Women in trade

See page 24

Council votes to remove SAC member

By PAUL HARDY
Staff Writer

Vice-President of Internal Affairs Dawn Swayze has been removed from office by Student Administrative Council (SAC).

The decision was made at an in-camera session during a meeting held Monday, March 6. Her dismissal took effect immediately.

Swayze, who protested the closed session, called the move "very illegal."

Her intention was to resign at the end of the regular meeting, she said. However, the meeting was adjourned prior to discussion of the annual student body general meeting, which is normally held at the beginning of March.

SAC President Jason Graham said to his understanding, "the process was not illegal."

SAC conducts its meetings according to Robert's Rules of Order. Under those rules, a closed session can be called to discuss legal, personnel or property issues.

Swayze said she was told she was removed for violations of the SAC constitution. She in return mentioned she believed SAC members had not met their constitutional obligations.

She also said SAC never fully supported her on initiatives such as the multi-system assessment (M.S.A.), which she and the SAC president

'My rights under the Human Rights Code have been violated,' Dawn Swayze



addressed with the general membership of Ontario Community College Student Parliamentary Association in Ottawa.

Graham said council did support her.

"Council supported the idea, council just needed to see results," he said, adding M.S.A. will continue.

Graham would not offer any comment about Swayze's performance as vice-president of internal affairs.

Swayze said she was removed from SAC because she "speaks the truth."

"They don't want me to let people know what's going on here."

She said she now intends to "speak out about what's going on here . . . the fact that this process has been illegal."

"My rights under the Human Rights Code have been violated on many occasions," said Swayze, who while on council obtained legal advice.

Kim Fragomeni, a first year Law and Security Administration student who was in attendance at the meeting, said she didn't think it was "fair" for the meeting to go into closed session.

"She's lost every right she has," said Fragomeni.

She said she will "write a formal complaint" about Swayze's removal.

"As soon as somebody gets on SAC that really wants to do something . . . controversial, they end up being removed," said Fragomeni.

ERSN program raises money for local children

By JOHN SAKARS
Staff Writer

The selfless donation of time from Niagara College students has helped raise money for the benefit of some local children from father-absent homes.

Greg Whelan, executive director for Big Brothers of South Niagara, received a check for \$2,066 from first-year Educational Resources and Special Needs program students on March 9.

The money was raised through the 12th annual Bowl for Millions fundraiser, held Feb. 5, at Eastside Bowling Lanes in Welland.

Students' participation was organized by second-term students Stan Kaczmarek and Kim McRae, and by January-Start students Gail Nelligan and Kelly Collins.

"It's more than our pleasure to be able to contribute to organizations within our community," said Kaczmarek, adding, "It leaves a very positive impact on the (ERSN) program."

The students had the bowling alley to themselves, with 65 participating, including students and family members.

"We had a really good time—the four of us as a family," said Nelligan. She said the bowling was very comical, as each participant bowled one game with their right hand, one with their left and one with both hands.

"It was a great day. We had a ball," said McRae.

The students collected pledges individually, with the top money-earners being Rebecca Hardman, \$150, Angie Marko, \$134, and Rita Brown, \$132.

"We're only partially funded by the United Way," so the bowl-a-rama augments the Big Brothers organization, said Whelan, in addition to helping the students reap the benefits of volunteerism.

Whelan has been the executive director for the organization for five years.

"I'm geared towards the social-worker like positions." He is also a Big Brother, and said, "I've got a great kid. He's not a kid actually—15 years of age."

For further information about Big Brothers, or how you can help, call 735-0570, or see them in their offices above the CIBC in the Seaway Mall in Welland.



Stan Kaczmarek (left) presented a check to Greg Whelan of Big Brothers on March 9. First-year and January-Start Educational Resources and Special Needs program students raised the money through the 12th annual Bowl for Millions fundraiser held Feb. 5.

Photo by John Sakars

Stalking victim takes control of her life

By SUE NOBLE
Staff Writer

He's dead. After 14 years of being stalked, Diane Sheldrick-Dekur, still has nightmares. "Stalking is never over. The nature of the stalker is he's always watching you," said Dekur, 31, of Hamilton.

"Victims know the feeling of total aloneness, where no husband's arms are big enough, no father's love is deep enough to stop the fear of being stalked, when you know nothing can or will stop him," she said.

Dekur was one of Niagara College's Sexual Awareness Week guest speakers in the Hamilton Room on March 2.

Ray Hiskock was one of her schoolmates from kindergarten through high school, Dekur said, and he had been violent since public school.

"I can only guess why he chose me I was never mean to him. I didn't go out of my way to be nice but I didn't make fun of him either," she said.

He sat behind her in Grade 10 geography and on her 16th birthday wrote her a letter, she said, telling

of his love. When she refused to respond he gave her dead roses, coated with honey and infested with ants.

When she made a formal complaint to the principal, the next day Hiskock plastered signs with "Diane is a bitch" all over town, she said.

He sent several letters over the next few months with the same or similar message, 'Diane, I love you very much, more than anyone else can and I will prove it very soon'.

When she seemed to ignore his attempts to attract her attention, she said he poured bleach over her locker.

The school would, or could, do nothing until he actually threatened to physically hurt her, she said. Then her family called the police.

The police found the bleach and a journal of her every movement in Hiskock's locker. They could do nothing, other than warn her to be "especially cautious, because he could be dangerous," said Dekur.

The police had spoken with him, then tried to explain his behavior to her.

"He was very cyclical, with highs

and lows. He may lay dormant for a time, but will probably return," they told her.

"Hangup calls were always him. No matter if it was or not, you never know when it's over, or if it ever will be," she said.

Dekur said the calls continued for two years after high school and then things quieted for a time.

"I never tried to rock the boat by getting an unlisted number or moving, because if he was able to harass me by phone at least he wasn't stalking me near my home, or so I thought," she said.

Two weeks after her wedding she received a poster declaring 'Big brother is watching' with an obscene letter on the back.

Her husband confronted the stalker. Hiskock told him, "I like to throw acid in peoples faces and put bombs in their mailboxes."

They told the police what had been said, but the police couldn't charge him, because he hadn't actually threatened anyone, she said.

"He did throw acid at someone else and we wanted to testify but the law would not permit it."

She said she couldn't get a

restricted weapons license because she had laid charges against someone and "might use it."

In 1993 she got "one of the best things technology ever came up with, call display." This device displayed the telephone number and name of the caller.

In November she said he made three harassing phone calls to her home, but with call display the couple knew who it was and taped his calls.

"He finally made a mistake, by saying on tape, 'I'm going to kill you'. Five hours later, he put a device on their truck. 'The cops believed it to be a bomb but it was incapable of blowing up, so the charges were dropped,' she said.

Even when the police searched his home and found similar devices, no charges were laid.

"I know he knew, as long as he didn't connect the wires, he couldn't be charged for the device. Fortunately his phone threat helped put him away for nine months," said Dekur.

"But, I knew he was going to get out and come after me again, so the fear never went away.

"In fact, as his parole date approached, the fear intensified. I wasn't safe, my son wasn't safe in his own backyard I didn't feel safe

anywhere, not even at church. Because he knew my routine, he would find me and this time I knew he would kill me," she said emotionally.

"It didn't matter that he was in jail, he was going to get out. I had to find some way to control the situation.

"Finally, I got Dexter, my trained german sheppard. He's not a guard dog, he's far more than that, but he will attack to save my life or any member of my family," she said.

Dekur credits her dog for giving her the chance to live a "normal life, without fear."

Hiskock was shot and killed in February 1994, by a resident of the YMCA where he lived, because of alleged violence towards the resident.

"I do not celebrate his death.

However, I do celebrate my life and am trying to help other victims deal with the effects of being stalked," Dekur said.

Horticultural centre has open house

BY ELIZABETH MONSERE
Staff Writer

Spring is coming, but for the Niagara College Horticultural Centre Open House and Plant Sale, it isn't coming fast enough.

This event is organized by the centre's staff and the students of the second-year Horticulture Technician program, who have planned and prepared for the open house year long.

The event is open to the public, Niagara College students and staff.

Tom Ball, co-ordinator of the Horticulture Technician program, encourages everyone to come out on Saturday, March 25 and Sunday, March 26 from 9:30 a.m. to 4:30 p.m. at the college's Niagara Street campus in St. Catharines.

This year marks the 27th annual year the centre has opened its doors to the public. People should arrive early, more than 4,000 people attended the open house last year.

"The students of the Horticulture program prepare and plan all year for the open house. This gives them the opportunity to get a lot of practical experience," says Ball, adding money from the event goes to purchase equipment at the campus.

"We invite different societies from areas of horticulture and organizing groups to come to the open house.

"This is the best practical learning situation for the students to be a part of," he says. "We get positive response from the public, which encourages the students in the work they have been doing."

When the open house is over, students feel tired but happy and proud of the hard work they did yearlong, he says.



The Horticultural Centre in St. Catharines will hold its open house this Saturday and Sunday. Everyone is welcome.

Photo by Dawn Swayze

Board of Governors meetings need to open up

By WILLY NOILES
Staff Writer

It is hoped that recent discussions at the college's Board of Governors meetings will result in more open meetings.

As it stands, the Board of Governors' meeting structure needs to be changed. The board meets the second Thursday of each month for an Administrative Affairs Committee and Academic Affairs Committee before the actual board meeting which is open to the public.

But the reports from these meetings are usually rubber-stamped at the board meeting thus keeping the college community for the most part unaware of what changes may be coming at the college.

A recent example was the approval of the six new post-diploma programs. This was approved at the Academic Affairs Committee, then rubber-stamped at the board. The result being that observers of that board meeting were unaware the college would soon be starting six new programs.

Common sense would suggest the college's decision makers would want the college's staff and students to know about these important decisions.

A sampling of other community colleges' Board of Governors shows the only items discussed in camera, or behind closed doors, are personnel matters, property matters and contract negotiations. But the results of these discussions are publicly revealed at the next meeting. This is much the same way city councils and school board

meetings are conducted.

Local 242 OPSEU President Sherri Rosen says Niagara's board is being closed "more and more." What goes on at the public meetings, she says, is "sanitized."

This cannot be allowed to continue. It only adds to the apathy shown by college staff and students.

Board Chair Rick Bassett and College President John Saso say they would like to see the board meetings opened up. And while their comments are honest and commendable, it is hoped the rest of the board will concur.

1995s acclaimed student representative to the board, Kathryn Mamo, commented recently she would like to see the position have more profile. The more the board process is opened and the more news that's reported to the college community, the more all board positions will have higher profiles. And this can only lead to more faculty and student input into issues affecting the college's future.

More input equals a stronger college and more involved college community.

Ten students seek five SAC positions

BY ELIZABETH
MONSERE
Staff Writer

Ten students are seeking five positions on the 1995/96 Niagara College Student Administrative Council (SAC).

One student has been acclaimed. Voting takes place Tuesday, March 28 in ME103 from 11 a.m. to 2 p.m. Students must show their student identification card before voting.

An advance poll will be held Monday, March 27 in ME103 from 11 a.m. to 1 p.m. for students on job placement and students preparing for examinations.

Two students are campaigning for SAC president. They are **Bren Biggs** and **John Bell**. The SAC president oversees and assists all social and educational programming. The president is the chief signing authority for SAC.

"The experience I have gained will help me move up to run for the position of president. I have also learned very good leadership skills," she says.

Bell, 21, is a first-year Broadcasting, Radio, Television, and Film (BRTF) program student.

"I feel I can represent the student body. I'm not happy with what is occurring on SAC now. And there is a ton of room for improvement," he says.

Bell says when "I pay \$125 for my SAC fee, that gives me the right to a stable, effective, responsible student council whose members are elected by the student body and not prompted into positions through technical terms in the constitution."

have had the opportunity to prepare for an election," he says.

Vice-president of social affairs is in charge of event programming for SAC and works closely with the Student Centre manager.

Two students are seeking the position of vice-president of external affairs. They are **Linda Shuart** and **Mike Matoksky**. The position involves external media relations outside the college.

Matoksky, 23, is a second-year Broadcasting Radio, Television and Film (BRTF) program student.

"It gives me nothing to gain just to do a few things for the college," he says, adding he enjoys working with people and would eventually like to get involved with the community.

Adam Richards and Paula Dempsey are running for the position of vice-president executive, which serves as a liaison between SAC and its employers.

Dempsey is a first-year Business Administration program student.

"I am a class representative this year and I feel if people want to get involved with this college that is up to them, but making them aware of how and what to get involved in is up to SAC," she says.

Mark McNiven and Amanda Michaud are seeking the position of vice-president of internal affairs. Vice-president of internal affairs is in charge of communication for CRNC and the Niagara News.

McNiven is a first-year Broadcasting, Radio, Television and Film (BRTF) program student.

He says most people who complain about SAC don't know the workings of it. "They should go to meetings to see what's going on. I feel SAC should get more credit than it deserves," he says.

"I am hoping to get word out to SAC as best as I can. Being involved in CRNC I feel I can do this extremely well," says McNiven.

Michaud, 22, is a first-year Early Childhood Education program student.

"Having a position on SAC is a good way to help students and for council to become more involved with the student body," she says.

Lynden Johnston and Jim Konrad are running for vice-president of athletics. The vice-president of athletics helps promote and organize internal sports at the college and organizes sports-related trips.

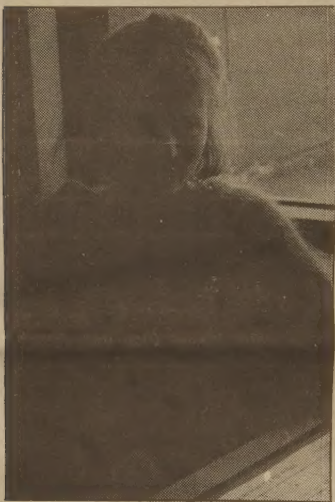
Johnston, 21, is a second-year Mechanical Engineering Technology program student.

"I am involved with the varsity hockey team and a lot of sport related activities," he says.

Konrad, 24, is a first-year Recreation and Leadership program student.

"I feel I am dedicated to make sport decisions for students that will be very enjoyable," he says, adding he has a "very open mind to what students want in relation to sports."

John Bell, Mark McNiven, Amanda Michaud, Lynden Johnston and Jim Konrad were unavailable for photographs.



BREN BIGGS

Biggs, 21, is currently SAC vice-president executive. She is a first-year Recreation and Leadership program student.



SCOTT VERHOEVEN

Scott Verhoeven, 24, a first-year Broadcasting, Radio, Television and Film (BRTF) program student, has been acclaimed as vice-president of social affairs.

"It's great to get the position automatically, but I would've liked to

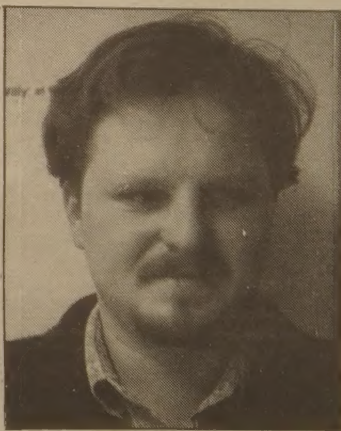


LINDA SHUART

Shuart, 29, is currently SAC's vice-president of social affairs. She says she would like to continue to work on behalf of the student body.

"I enjoy working on fundraising and different organizations and the position of vice-president external will give me a chance to apply those skills," she says.

"My experience on SAC will give extra insight, but does not make me better for this position," says Shuart, adding she hopes to graduate from the Human Relations program and next year enter the Child and Youth Worker program.



MIKE MATOKSKY



ADAM RICHARDS

Richards, 20, is a first-year Law and Security Administration program student.

"As a student representative this year on SAC, I got a taste of student leadership and became actively involved in all SAC activities," he says.

"My law and security background gives me strong leadership skills that I hope will benefit the students of Niagara College."



PAULA DEMPSEY

Riding over the falls

By MICHAEL GREVES
Staff Writer

Rushing water surrounds you as a column of mist towers above. As you bob in the water, you realize there's no turning back: you're over the edge looking down a 160-foot drop.

First- and second-year Tourism-Tours and Attractions program students are working with Ride Niagara, the award-winning, computer-controlled, motion-simulating ride over the Falls, second-year student Wilma Smeenk said.

First-year students Leah Braniff, Patricia Cote, Linda Difabio and Karen Williams, and second-year students Shirley Elliott, Moon Ko and Smeenk designed a coupon offering half off the price of the ride to adults.

"The first-year students not involved in the creation of the coupon will be distributing the coupon to mail boxes this week," Smeenk said. "(The coupon) is giving us some great marketing experience.

"This is part of a promotion. It's a fundraiser for the first-year students' trip," Smeenk said. The destination, still undecided, could be to British Columbia or Mexico.

The trip helps students gain experience on what it's like to fly, obtain a passport, etc., Smeenk said. When Ride Niagara reaches a pre-set profit level, the remainder will be put towards the first-year trip.

Ride Niagara, which opened in 1991 and won the Ride of the Year award for 1993, is at 5755 River Rd., Niagara Falls. It's open from noon to 5:30 p.m., Monday to Thursday, and 10:30 a.m. to 6 p.m. Friday, Saturday and Sunday.

The coupon is good until April 13, she said, and this article is also acceptable at Ride Niagara.

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EDITORIAL PAGE

The Niagara News is a practical lab for the Journalism-Print program, covering the college community and other areas of interest. Opinions expressed are not necessarily those of the management of the Niagara News or the administration of Niagara College. P.O. Box 1005, 300 Woodlawn Rd., Ontario L3B 5S2. Phone (905) 735-2211/ 688-1380/ 384-9760/ 382-2383/ FAX (905) 788-3978.

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Do it naturally

I'm having trouble understanding something. Isn't bodybuilding and steroids a contradiction of terms?

How can a person honestly say that they are physically fit when to obtain the gains they have they inject themselves with Water Testosterone, Anadrill 50, or any other steroid?

With all the muscle magazines available, Flex, Muscle Mag, Muscle and Fitness to name a few, surely a person interested in gaining a particularly muscular physique can find the appropriate training information minus the aid of substances meant for the growth of cattle and other animals.

If someone feels that they have the potential to become a pro bodybuilder then I believe that they should train as hard as possible to achieve the gains naturally and only use steroids as a last resource. On the other hand, a person must have the proper genetics in order to make gains and no amount of steroids will change your genetic make-up.

If you are considering taking steroids there are a few things to take into consideration. Not only will taking steroids affect you but it will also affect those around you. Side effects such as short tempers, possible sterility and 'roid rages' will affect relationships that you have with friends and family.

My advice to those considering taking steroids is this; before you actually do it, take the time to think it through and consider both the short term and long-term effects that it will have on you and your lifestyle.

Christine Rawcliffe

Saying goodbye is hard

One of the hardest things to do in one's life is to say farewell.

There is never an appropriate time to say the words nor is there an easy way to say it. I've found that out the hard way. More than once in my life I've said those words. As for most people, the experience is not pleasant.

Sometimes a goodbye can be happy, nonchalant, for you know the person will return. Others are not. Especially when a loved one dies. But this goodbye you're reading is sentimental.

It's a parting that will be cherished throughout the rest of my life. I send it to all the people who have travelled in and out of my life one time or another, especially during school.

The time has come when I must move on. I have a need to move on. To experience a new side of life. As one teacher put it, experience is the best form of learning. I must learn in a different way.

No, I'm not out to find myself. I know where I am and what I'm doing! (At this moment, I'm the assistant editor of this newspaper.)

The learning I'm talking of is travel. In six months, I'm off to Europe to see and experience a whole new world.

So I say adieu to all who know and have known me during my time in school. I shall miss you all!

Karen Freeman

Generation gap

Dear Editor:

In the Feb. 17 edition of the Niagara News (Vol. 25 No. 11), I read an upsetting article by staff writer Bryan Bernat — maybe you remember it: "hHead disappoints crowd."

In your article, you generalized younger people as "backpackers" or, as you put, "gym baggers."

I would like you to know that there is nothing wrong with carrying a backpack. You don't call your teachers "brief-casers" because they carry briefcases, do you?

Also, I am really sick and tired of 19-plus "Generation X" people ragging on us because we are not of the legal drinking age. I wouldn't talk because you were once our age (not so long ago) and you know what it feels like. I can honestly say that I have had more than one drink in my "naive" life. Only your age is to your advantage.

I happen to be a 15-year-old girl who attends Notre Dame School in Welland. I get straight As and I am a so-called "grunge girl and Seattle" because of my choice in clothes. I do own a pair of cords, but I never wear them. And about music — do you recall "punk rock" and "break dancing?"

There is nothing wrong with our choice in music either.

I have been to shows at the Hideaway and have not had a problem dancing. I don't recall seeing a bunch of "backpackers." I happen to see people aged 19 plus carrying backpacks so I feel that your generalizations are being aimed at your peers also.

I suggest that if you want to put labels on people then you'd better put one on yourself. I just don't think that you are being open-minded and accept people for who they are, not what they are like, because it's not what you preach they are like. That's what I call hypocrisy — do you?

Kelly Haley
Welland

'SAC' ked

Dear Editor:

I am a full-time student at the college. I am writing to you because I feel somewhat annoyed that the Student Administrative Council (SAC) has disgraced itself by removing one of their most important members, Dawn Swayze.

The students have been denied a caring and responsible individual because of SAC's unnecessary action.

I was at the SAC meeting on March 6 when this happened. There was also a formal complaint brought against Swayze which was way out of left field. I was able to read certain documents which show there was some dirty laundry being aired in SAC's backyard. I can only say it is my strong belief that Swayze and the students of Niagara College are in fact the ones who have fallen victim.

I was completely disgusted with the whole issue and found myself wondering if students were in fact being led astray rather than being well represented by SAC.

It certainly raises a lot of questions and doubts in my mind. This sort of nonsense can make the students lose faith in their student council.

Some of my friends and I believe that some of the student members on council only regard their title on SAC as a means to boost their status among other students at this institution.

I, however, believe Swayze is not one of these people. She strikes me as a no-nonsense, up-front individual who deserves recognition and should have gotten a fair hearing from SAC.

I am thoroughly ticked off. I feel Niagara College's SAC is somewhat of a joke, especially when they remove one of their most important members. So I ask, who or what does SAC really represent? I'd sure like to know because it doesn't seem to be the student body.

Alun Davies
General Arts and Science
Program

First-year Journalism-Print students
will produce the next edition of the
NIAGARA NEWS APRIL 7 WATCH FOR IT!

PERSPECTIVES



By **GORDON HILL**
Staff Writer

One of the most difficult assaults on a person's psyche is prejudice.

These assaults are initially infuriating to deal with, however, after repeated exposure one's skin begins to thicken.

While minorities have had to

Equality a realistic goal for many

deal with this distinction for hundreds of years, white Anglo-Saxon people (WASPs) are now sharing the experience and frustration of being excluded.

Equal opportunity employment, or affirmative action, enables minorities to obtain employment they would never have been considered for in the fraternal, and mainly WASP, hiring community.

Being passed over for a job because of race, creed or color

is not an uncommon experience for a member of a minority.

The wisdom of our leaders, in creating cultural unity through equal opportunity, becomes evident when WASP populations worldwide complain of employment exclusion because of color.

For everyone to feel part of the whole and promote the goodwill necessary in a democracy, the exclusionary forces of the "Great White Way" of yesteryear must make way for the visionary

forces of today's mentality.

In the words of ex-Beatle John Lennon, "Imagine all the people living for the world." Many people would say it's unrealistic while many more would say welcome to reality.

The birth of a single albino buffalo on a Wisconsin farm in August 1994 has many native North Americans recalling the legend foretelling the birth of a white buffalo.

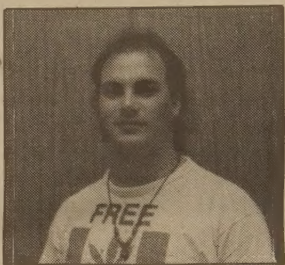
The legend calls for the uni-

fication of the nations of the four colors, black, red, white and yellow, upon the birth of the sacred albino.

Ultimately, to unite the nations of the four races, compromises will have to be made. Affirmative action not only affects race but gender as well.

Women, as well as minorities, will agree affirmative action is not a step backward but rather a step forward to achieving equality.

Last edition for second year



By **MIKE MICHAUD**
Staff Writer

Well, this is it. It's over.

This edition of the *Niagara News* is the last from this year's second-year Journalism-Print program students.

Since September, *Niagara News* staff have been "informing Niagara College" and learning the tricks of the reporting

trade. Holding down a full schedule and creating a newspaper every week (every other week during the fall term) wasn't an easy thing to do but we managed.

This is the last edition from the second-year students because we start a month-long work term at the beginning of April and graduate after that (hopefully). But don't worry, the *Niagara News* will continue to keep you up to date on the hottest news around campus.

The next edition of the *Niagara News* will be filled with different names and faces. Because the second-year students will be gone, the first-year students will take over production of the newspaper. They will bring you two more issues of the paper before the end of the school year.

On behalf of the second-year Journalism-Print students, I would like to thank the students and staff of Niagara College for their support. Without your help and story ideas, we wouldn't have any news for our *Niagara News*.

Niagara News is your newspaper and any ideas, comments or complaints you might have will happily be accepted.

Thank you and goodbye.

Tread softly on thin ice



By **DAWN SWAYZE**
Staff Writer

Welcome to Bureaucracy-101. I've been told - by one academic bureaucrat - to tread softly on thin ice.

Webster's defines bureaucracy as often being "excessively numerous and powerful."

To become educated, an individual requires many hours of patience, time, energy and a thorough love for learning not to mention big cash bucks.

I, unfortunately, placed myself in a position, as a student and former member of student council to state my opinion regarding the quality of education offered here within my classes as well as in the halls.

A public education system, to my knowledge is partially paid for by public dollars. I feel I may have been better served, educationally speaking, in a private environment for learning.

While on Student Administrative Council, I was paid \$140 twice a month to be concerned for other students and their rights as students. I was not alone in that endeavor.

I apologize if any students feel that I misrepresented them in the fight to have their rights acknowledged. I did my best within my ability. Student council worked hard, and still does. The team members have just changed teams, fortunately or unfortunately.

Education is designed to cultivate knowledge. To educate is to train. However, I must ask, now that I'm formally educated, train that person for what? And who's purpose is that education to serve, the students or the system's?

I, and others who love to learn, whether the education is worthy of the price tag or not, will survive..

Who will be there at the end of term ?



By **SUE NOBLE**
Staff Writer

At the 1992 Niagara College September orientation, students were told "notice the person beside you, chances are they

won't graduate, won't receive a diploma, won't even finish."

The idea seemed ridiculous.

To think a person would waste thousands of dollars and hundreds of hours just to quit before achieving success, was unbelievable at the time.

My Journalism-Print program class started with 50-plus students on that first day in September and less than half will be with me to receive that coveted piece of paper.

True, some changed programs, transferred to other schools, took sick and missed too much time, missed one or two courses and plan on returning to complete, but of those remaining, I recognize very few names from the 1992 orientation.

What happened to them?

Did they fail to pay attention? Did they think it wasn't worth it? Did studying get in the way of partying? Did they find the pub easier than their classes? Did they start the bad habit of quitting when things got a

little tough?

Are they going to regret this?

What do they see in their future — more failures?

Was thinking, planning, researching and writing tougher than dealing with failure?

Perhaps they only ever wanted a manual labor, dead-end job.

Maybe they weren't supported emotionally or financially.

Well I say, phooey!

Financial aid was available. If one avenue was closed, there are other resources and paths. Counsellors were willing and readily available to help them figure out a way to get their education.

Same thing for emotional problems.

And, of course, there's always, counting on yourself, doing your best for you and your own self worth.

Or maybe they didn't think they were worth the effort.

Buttocks rubbed wrong way



By **MICHAEL GREVES**
Staff Writer

I've been meaning to say this for the last 20 months. Now that I'm finally on my way out to field placement, I felt it was an appropriate time.

After arriving at the college at an early hour, and with the morning's 'business' just completed, I realized just how cheap this college can be.

The toilet tissue actually inflicted wounds to my tender buttocks (trust me, I felt the cutting). Doesn't the college realize **newsprint** is not an acceptable form of toilet paper? Couldn't they fork over the extra few cents from student fees to move up from industrial strength sand paper to a more rectal-friendly product?

Just some light reading mate-

rial — but don't wipe with this.

Or maybe you should, just to be safe. You wouldn't want to bleed to death from accidental, self-inflicted wounds.

P.S. If you use the men's room outside the journalism room, S212, you may note a colorful collection of gum at the bottom of the third urinal from the left. Very artistic.

FEATURE PAGE

ESL student has interesting journey

By WILLIAM BECK
Staff Writer

Besides the food, jet lag, turbulence, outdated movies and delays, airplane travel is not all that bad. But when your plane is re-routed over the Atlantic Ocean it may deter one from travelling again.

Wissam El-Hariri, 20, of Saida, Lebanon, arrived in Canada two weeks ago. Now enrolled in the English as a Second Language (ESL) program at Niagara College, his journey was interesting.

The complications began before Hariri set foot on the plane. To become eligible for studying abroad, Hariri had to travel to Damascus, Syria and produce an application for a visa, and other papers, to the Canadian Embassy. The date was Dec. 18, 1994. The embassy in Lebanon was temporarily shut down due to the civil war that had raged for 15 years.

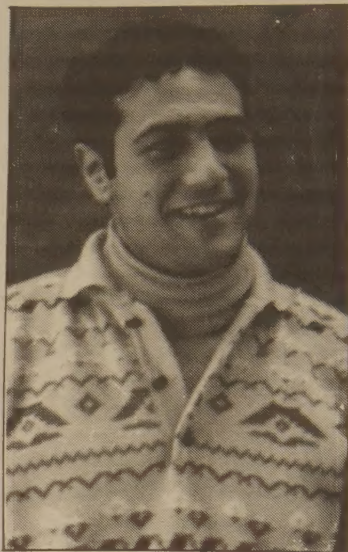
The road trip from Saida to Damascus took Hariri about three hours. That didn't include the border stops both ways that also consumed a lot of time, he said. After waiting two hours, the embassy told Hariri they would review his request and invited him back two days later.

On Dec. 21, Hariri returned to the embassy to find it closed. It was back to Saida.

The embassy informed Hariri, via telephone, they were open Dec. 25 and he could see them then. Off to Damascus again. Arriving at the embassy Hariri was told all his medical tests had been sent to the Canadian Embassy in Rome, Italy.

"Why they sent it to Rome I do not know," he said.

Finally, on Feb. 10, 1995 Hariri had his papers accepted and was granted a visa. Two days later he was on a plane headed for Canada.



WISSAM EL-HARIRI

Heading out of Lebanon the airplane made a stop in Amsterdam, Holland. All passengers on the flight were confined to the airport to wait for the next departure. That didn't happen for another eight hours. Hariri paid \$5 for a Reader's Digest, he said.

"Everything was expensive."

The next stop-over was a quick one in Scotland to pick up more passengers. It looked like smooth sailing from here on. Wrong. Four hours into the flight, and in the middle of the Atlantic Ocean, a passenger suddenly decided that he wanted to fly the plane. The man apparently tried to get to the cockpit and take the controls, said Hariri. The plane was forced to head back to Scotland and proper authorities dealt with the man.

"I would have killed him. I had waited long enough," Hariri said.

Hariri landed in Toronto at midnight, eight hours behind schedule and terribly fatigued.

"It was the most difficult trip I've ever had."

While studying at Niagara College, Hariri is sponsored by the Hariri Foundation which pays for all educational supplies and tuition, medical expenses and housing. The Hariri Foundation was set up by Prime Minister Rafiq B. Hariri. The foundation sponsors over 2,500 Lebanese students worldwide. Wissam is related to the prime minister through his father, Hariri's cousin.

Hariri plans to enter a course in electrical engineering once finished the ESL program, he said.

Hariri said he finds the educational system in Canada to be "much more stabilized. We went through a 20 year war."

Montreal man living with AIDS

By SUE NOBLE
Staff Writer

Francois, 35, of Montreal, Que., was diagnosed in 1984 as HIV-positive. HIV is the human immunodeficiency virus.

Today he is "living with AIDS" acquired immune deficiency.

"I am a guinea pig" for any new drug that comes along, said Francois. "Someone has to do it and it might just be the drug that saves my life."

He was at Niagara College's Hamilton Room to speak to students on Feb. 28, about what it's like to be living with, and dying of, AIDS.

Linda Zavitz, a public health nurse for the past 20 years with the Niagara Regional Health department, gave a presentation about AIDS, safe sex, and other sexually transmitted diseases (STD) as part of the Student Administration Council's (SAC) Sexual Awareness Week, held from Feb. 27 to March 3.

"People think they are safe if they use a condom, but they are never 100 per cent safe. There is no way to be 100 per cent sure that your partner has never been exposed to HIV and brought it home to you," he warned.

"Today, statistics show homosexuals have taken control, lowering the risk of spreading AIDS, while heterosexual women are at the highest risk in the Niagara Peninsula," said Francois.

"I was such an angry young man for a lot of reasons; for being sexually abused, for having an abusive alcoholic father, for having a mom who was sick and couldn't

face the day without her pills and for being stuck taking care of the rest of my family," said Francois.

By age nine he was raising his younger brother and sister, doing all the shopping, cooking, making lunches, doing laundry and "still managed to go to school," he said.

"I never failed a grade, even though I had all these responsibilities and I was only nine years old. Somehow I was able to cope," he said.

He started using drugs and alcohol, by age 12, he said, to help him cope.

"That's when my anger really started to come out. I overreacted, wanting everything done my way.

"After all, I cleaned the entire house so I felt it was my right to demand it stay that way.

"At 16, I had a fist fight with my father and got thrown out of the house," said Francois.

He said he moved to Montreal and became a prostitute.

"It was no big deal, because after being sexually abused for so many years, getting paid for what I had been forced to do was great," he said.

Francois said he met and fell in love with a girl who taught him the meaning of the word respect.

"She said no to sex, drugs and anything else that might be harmful to her body, but she died of meningitis three years later," he said.

His anger surged uncontrollably. He took more drugs, alcohol and had unprotected sex with anyone he could, he said.

"It wasn't fair. I had changed my life for this girl and the revengeful God my mother had taught me

to fear had taken her from me," he said tearfully. "I don't feel God is vengeful because He has shown me how to redirect my anger."

At 24, he said, he started getting sick and when the doctor told him he was HIV positive, "it was like he was telling me to get ready, you're going to die."

"You don't know how humiliating it is to have to go to everybody you've ever slept with and tell them to go get tested because you may have a disease that could kill you," said Francois sniffing emotionally.

He said he decided to quit everything, drugs, booze, sex and life. "I was facing suicide all the time, in fact I tried killing myself twice," he said.

Finally, in 1984, he sought therapy.

"Nobody would take me because of the HIV, but eventually, through the Public Health department, I found my group. I was the first HIV positive victim to be accepted to the group. They were all people from jail and had the option to vote on whether or not I could join their therapy group.

"I thought, these guys are all criminals. Some were murderers and had nothing to lose. They're going to kill me.

"But no, these people knew what it was like to feel rejected, they hugged me, showed me love and said 'don't worry, we'll protect you.'"

After 7 1/2 months of intense therapy his therapist told him he had to go back out into the world. "She kicked me out basically. I didn't want to go," he jokingly said.

He said most of his family has come to accept the fact he has AIDS, except for his mother who won't face the idea he is going to die in the near future.

"They say you can't give what you don't have. But I do, I give my time, energy, caring, understanding, sympathy, advice and shoulder to cry on to anyone who asks. And they always ask.

"It's funny I never got as sick on all those illegal drugs I used to take as I do on the AZT. Just the thought of DDI makes me want to throw up. The pain of muscle contractions is so severe I can't sleep or lie down and end up in agony, pacing night after night.

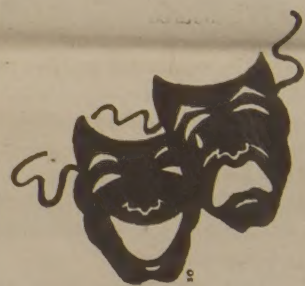
"Even when I am sick and racked with pain from the drugs I have to take, they call to talk, or cry or ask for advice and information or just because they have no one else to discuss this dreaded disease with, they call and I can't refuse.

"I go out to speaking engagements, when I'm well enough, sharing myself, my feelings, my life story and my knowledge about what it's like to be living with AIDS with so many people, but I am so alone," he said sadly.

"Where are the arms to hold me? The love of a partner, or my companion in my many, painfully-long nights?

"I must always be in total control for the rest of my life. There will be no more sexuality. No physical contact because I had to make the choice to never pass on what was passed to me by a so called best friend."

Carousel Players hold fundraiser

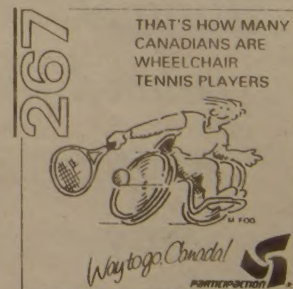


The Carousel Players will be holding its annual community fundraiser on Sunday, March 26. The event, being held at Ridley College in St. Catharines from 12:30 p.m. to 5 p.m., includes performances of The Emperor's New Clothes and Ezzie's Emerald.

There will be complimentary wine and appetizers, music performed by the St. Catharines Collegiate Senior Jazz Combo, a silent auction, plus a live auction of autographed celebrity items.

Donation receipts will be issued for a portion of the adult price.

Tickets are \$25 for one adult with one child. Additional tickets for children are available for \$5 each, and \$10 tickets for the reception/auction.



Sernasie a perfect match to suit library

BY ELIZABETH MONSERE
Staff Writer

Cathy was the perfect match to fulfil "our needs" at the library, says Trish Labonte, head librarian for the Welland campus.

Cathy Sernasie, 39, volunteers at the Niagara College Library Resource Centre through

Community Options, which is an agency that assists people with disabilities in finding employment.

Sernasie has been working at the library since 1987. She works Monday, Tuesday, and Thursday from 1 p.m. to 4 p.m.

Sernasie's responsibilities at the library consist of sorting newspa-

pers and magazines in the proper order. She also makes sure all the books are properly placed on the shelves.

In addition she works with files called "dead files" which must be marked down and put into order by number.

"We were lucky because Cathy

found us. We knew Cathy would be right for us because she was looking for a position in a library," says Labonte.

Sometimes extra duties are assigned to Sernasie such as labelling of student handbooks, and labelling of brochures for Human Resources Development.

When Cathy first came here she was straightening books. As the library's needs expanded, Cathy's workload grew.

"Students really benefit because Cathy keeps things orderly," says Labonte. Without Cathy some tasks would not be able to get done so frequently or so well.



CATHY SERNASIE

Computer coming

BY ELIZABETH MONSERE
Staff Writer

Good news for the Welland Library Resource Centre (LRC).

They are receiving a multi-media full text computer that will be available for the students in September.

Marti Jurmain, Niagara College's director of Access, was instrumental in obtaining a special source of funding for this project.

Trish Labonte, head librarian for the Welland campus, says Jurmain felt the purchase of a media encyclopedia would be helpful for students in all programs.

"We had tremendous support from staff in the Management Information Services (MIS) department in establishing technical specifications, and competitive pricing for the unit," says Labonte.

The computer will have window capability and be attached to a quad speed eight disc CD tower. The library's goal over the summer is to

establish a mini "LAN" so two stations will have access to the compact discs.

Labonte says "our long-term goal is to use this on a collegewide network." She says this is being considered as part of the MIS fibre optic project, which is being planned right now.

"Having the hardware funded through Marti's grant, we are able to purchase the CDs out of the library operating funds," says Labonte.

The library is purchasing a multi-media encyclopedia of "The American Indian" to support Jurmain's programs, along with a general purpose encyclopedia such as Encarta.

"In addition, the tower will allow us to install a full text indexing service," says Labonte. Several products were evaluated over the spring break. It looks like Academic Abstracts will be ideal.



Jacqueline Gagnon, a second-year Marketing program student, makes a winning sales pitch to Niagara College President John Saso early this month for the Dream House Draw sponsored by Club Roma of Niagara Falls. Tickets for the April 22 draw are \$100 and available through the college's marketing program at Ext. 7500 and Club Roma. The house is valued at \$230,000 and only 3,000 tickets are being sold.

Photo by Karin Keir

Watch for the Campus

BLOW OUT

SALE!

APRIL 9-13, 1995

Hallway Sale



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We're accounting for the future in Ontario

Post Express celebrates 100 years

By GORDANA PIRKER
Staff Writer
The Lincoln Post Express celebrated 100 years of community news and editor Judy McEwen said the paper is still going strong.

McEwen graduated from Niagara College in the Journalism-Print program in 1984. She started as a reporter for the Post Express and then became an editor for the West Lincoln Review and the Thorold News. Coming back to her "home town" McEwen said she enjoys working for a community newspaper and meeting interesting people in the community. She said the Lincoln County Post does not tackle hard news or get "too controversial" on issues.

"People want to see their picture in the paper or know what is happening in their community - people expect good news and we like to triumph the good news," said McEwen.

McEwen and fellow reporter Terry McNamee pound the streets of Beamsville in search of the interesting story or captivating photo. Skip Gillham covers

high school sports and a weekly column called "Where are they now?"

'There was no such thing as a Journalism school back in my time'
Rannie

But the most interesting member on the team is former publisher Bill Rannie. When asked of his involvement with the paper and how he first got started, Rannie smiled and you could tell he appreciated the question. Rannie reminds you of the grandfather filled with hundreds of stories to share. He grew up in Ottawa and attended Queen's University taking History and Journalism. "There was no such thing as a Journalism school back in my time," said Rannie. A conducting officer in the Second World War, Rannie said he would escort correspondents to locations to report on the war back home. "We would find out where the attacks were and the correspondents could not go anywhere without our guidelines," he said.

While attending university Rannie wrote only four articles for the school paper. He said it wasn't until 1946 when he set his eyes on the already established Lincoln Post. "When I was with the correspondents during the war most of them said they had the ambition to own a paper - and I in turn ended up owning one." McEwen said even with competition from other papers, television and computer technology

such as Internet, a community paper is something people want to have. "Computers have come a long way, but I can't imagine people just hooking up to their computer to look for the news. Often it's the little articles or that photo that get the reader's attention," said McEwen. For now McEwen said she is happy with her job and can't see herself doing anything else. She said when she's out shopping

she is often approached by people asking her if she remembers them. "It's great. They come up to me and say, 'Remember me I was the one you took a photo and wrote a story about in the paper,'" said McEwen. She admitted at times she had trouble remembering a face but she felt good about being part of a paper that reflected an important part of someone's life. "That's what it's all about."



Lincoln Post Express Staff

Niagara News Questionnaire

Are you: Male ☐ Female ☐ Age What program are you in at Niagara?

What is your favorite section of the Niagara News?

Front Page ☐ Sports ☐ Letters to the editor ☐ Entertainment ☐
Classified ☐ Opinion ☐ Feature ☐ Profile ☐

Why?

What is your least favourite section of the Niagara News?

Why?

Do you read the ads? Yes ☐ No ☐ Why?

Why do you read the paper?

What Niagara College events or topics would you like to see more coverage of in the Niagara News?

Do you feel that this newspaper is useful? Yes ☐ No ☐ Why?

Do you feel that you are better informed by reading the Niagara News? Yes ☐ No ☐

Where do you get your copy of the Niagara News?



Niagara College Student Discount Program

January 1, 1995 to December 31, 1995

If you attend Niagara College as a full-time, part-time, or continuing education enrollee, you're eligible for a 10% discount on non-sale, non-coupon items from the following businesses (exceptions are noted). All you have to do is show your current student or continuing education ID card.

LIST OF PARTICIPATING MERCHANTS

NIAGARA FALLS

2 Guys Glass Inc.
6424 Morrison Unit 1 & 2
Excluding labour

Garry Anderson & Assoc. Inc.
3085 Ussher Crescent

Artistic Residential Remodelling
4121 Muir Avenue

Base Electronics Corp.
6710 Lundys Lane

Falls Manor Motel & Restaurant
7104 Lundy's Lane

Giallonardo Chiropractic Centre
7116 McLeod Road, Unit #2

Paul Graham Pool Mechanical
P.O. Box 474
20% discount for Commercial Accts.

Grand & Toy
7555 Montrose Road

H&R Block
5904 Main Street
Excluding cash back service

H&R Block
Niagara Square
Excluding cash back service

Holiday VIP Tours
5655 Robinson Street Ste #204
50% to cardholder, 33% to those accompanying cardholder.

House of Avalon
6120 Dunn Street
15% off perms, colours, products.

Koon Koon, Leon Distributors
7226 Alex Avenue

Niagara Falls Chronicle
4400 Queen Street

Niagara Parkway Court Motel
3708 Main Street

Dr. Robert Nicol, D.D.S.
3521 Portage Road

O&E Sales Antiques & Pawnbrokers
4593 Victoria Avenue

Penguin Office Supplies
5920 Main Street
Excluding postage/courier service

Software First Computers Ltd.
5717 Brookfield Ave.

Subway Sandwiches & Salads
5846 Drummond Rd.
10% or buy one get 2nd for 99 cents w/med. drink purchase

Venan Publishing
7190 Harriman Street

ST. CATHARINES

AMJ Campbell Van Lines
113 Cushman Rd. Unit 64
No add'l discount on standard discounts

Alexandria Body Sugaring
23C Academy Street
By Appointment Only

Annabelle
One St. Paul Street

Apartment Centre
73 Ontario Street
Selected properties only

Arax Jewellers
233 St. Paul Street

Art's Restaurant
249 St. Paul Street
Excluding alcoholic beverages

Astina's
80 King Street

Astoria Restaurant
104 King Street
Excluding alcoholic beverages

Baby Talk
6 James Street

Bad Billy's Homeland Furniture
353 St. Paul Street
15% on reg. price items

Bansaree Indian Restaurant
342 St. Paul Street
Excluding alcoholic beverages

The Bean on Queen
36 Queen Street
Excluding alcoholic beverages

Blue Mermaid
10 Market Square
Excluding alcoholic beverages

Book Mart
314 St. Paul Street

The Bookworm
27 James Street

The Boot Shop Ltd.
211 St. Paul St.

Bridal Factory
242 St. Paul Street

Cellar Bench
81 James Street

Chantilly's Cafe & Jazz
127 King Street
Excluding alcoholic beverages

Classic Upholstery & Interiors
417 St. Paul Street

Coffee Pott
259 St. Paul Street (Leonard Hotel)

The Cool Moose Cafe
71 King Street
Excluding alcoholic beverages

George Coppel Jewellers
261 St. Paul Street
Excluding repairs

The Cyclepath
40 St. Paul St.
Excluding Bicycles

Diana Sweets Restaurant
115 St. Paul Street
Excluding alcoholic beverages

Double V Restaurant
152 St. Paul Street
Excluding alcoholic beverages

Downtown Fine Music Shop
71 King Street Suite 100

En Quick Step
285 St. Paul St.

Erroll's Shoe Repair
60 St. Paul St.

Esprit Films Limited
2 Lake Street

Fashion Studio
76 St. Paul Street

Fulton Family Fitness
14 James St.

Gallery 48
73 St. Paul St.

Garden Cafe
19 King Street
Excluding alcoholic beverages & tobacco

George's Restaurant
79 King Street
Excluding alcoholic beverages

Go-Print
3 King Street

Grand & Toy
Pen Centre, 221 Glendale Ave

Greek Garden
459 St. Paul Street
Excluding alcoholic beverages

Andrea Hannen, Wordsmith
Ste 518, 196 Scott Street

H. B. Signs
78 Haig Street

H&R Block
186 St. Paul St.
Excluding cashback service

H&R Block
Lincoln Mall
Excluding cashback service

H&R Block
Grantham Plaza
Excluding cashback service

H&R Block
Pen Centre
Excluding cashback service

Harvey Moving & Storage Inc.
10-12 Export Ave.

Herzog's
449 St. Paul Street

Hideout
7 James Street

Invisible Fence of Niagara
Box 28011, 600 Ontario Street

Ireland Decorators
67 St. Paul Street

JBM Office Systems
15 Hiscott Street

Joe's Auto Centre
588 Carlton Street
Excluding oil changes

Just Cafe
43 Church Street
Lunch menu only

King Street Fitness
21 King Street
Excluding lessons & service fees

Kloz Etc.
117 St. Paul St.

Lancer Restaurant
24 St. Paul Street
Excluding alcoholic beverages

Lil's Coffee Shop
80 King Street (Corbloc)

Loon Chiropractic Centre
310 Lake Street
50% discount first visit, 42% off following treatments

Mansion House
5 William Street
Excluding alcoholic beverages

Marquise Gold Sales
196 St. Paul Street
Excluding repairs

Martial Arts Center
230 St. Paul Street

McKeown Sign Co.
69 Eastchester Ave.

Mr. Submarine
255 St. Paul Street

Natalie's Coffee Shop
39 Queen Street
Excluding alcoholic beverages

Nature Nook
105 St. Paul Street

Nemeth Lincoln Mercury
169 Hartzell Road
Repairs & Maintenance only

The New Delicatessen
5 James Street

Nu-Craft Window & Door Co.
188 Bunting Road
Excluding sale/promotion items

Out of the Past
236 St. Paul Street

The Paper Factory
210 Glendale Avenue
Discount on yellow ticket items only

Patrick's Cycle & Sports
354 St. Paul Street

Peace Core
One St. Paul Street

Peninsula Press Ltd.
39 Ontario Street

Pointts (Traffic Ticket Specialists)
58 Ontario Street

Play it Again Sports
318 Ontario Street

Queen's Wool Ltd.
6 James Street

Ramkey Computer Services
11 Bond Street, Suite 102

Red Hot Chili Pepper
One St. Paul Street
Excluding alcoholic beverages

Rock-it Music
234 St. Paul Street

St. Catharines Volkswagon
125 Hartzell Road
Repairs & Maintenance only

Sunset Restaurant
180 St. Paul Street
Excluding alcoholic beverages

Vandendool Jewellers
262 St. Paul Street
Excluding collector plates & school jewellery

Vita Health Foods
3 Helliwell Lane
Excluding dairy, confections, juice, pop

Williams Jewellers
149 St. Paul Street

WELLAND

Best Western Rose City Suites
300 Prince Charles Drive

Blakes Men's Shop
51 E. Main Street

Comfort Inn by Journey's End
870 Niagara Street

Copyman Print Shop
572 Niagara Street, North

H&R Block
21-23 Helles Ave.
Excluding cash back service

H&R Block Canada Inc.
Sears (Seaway Mall)
Excluding cash back service

I.A. Printing
32 Cross Street

Lasting Impressions
54 Burger Street
Gift Baskets only

LeMirage
397 Thorold Road

Luminescent Safety Systems
253 Fitch Street, Suite 201

McKendrick Rehab Services
24 Dorothy Street

Perfect Portions Holding Inc.
440 Niagara St.

Priority Business & Postal Centres
572 Niagara St. N.

Al Slattery Ford Sales Ltd.
607 Niagara Street
Repairs & Maintenance only

Thomas Electronics Ltd.
130 Thorold Road
Audio and portable stereo only.

Thrifty Car Rental
13 Southworth Street

The Tribune
228 East Main Street

Vital Link
41-A Griffith Street
First Aid/CPR Instruction

BEAMSVILLE

Manor Cleaners
4520 Ontario

CONCORD

AABACO Sales Co. Ltd.
PH: 905-832-8010

FONTHILL

Action Appraisal & Consultants
2 Brookbank Crescent

FORT ERIE

H&R Block
County Fair Mall
Excluding cash back service

Moran Trading Co.
84 Wintermute Street

JORDAN STATION

D. & R. Collision & Alignment
2741 William Street
P.O. Box 247

NIAGARA-ON-THE-LAKE

Lather & Lace
124 Queen Street, Unit 2C

Little England Jewellery
223 King Street P.O. Box 1257

PORT COLBORNE

McDonald's
569 Main Street West

THOROLD

Copyman Print Shop
3250 Schmon Pkwy

H&R Block
29 Albert Street
Excluding cash back service

VINELAND

House of Hair
3924 Victoria Ave.
No Discount on Accessories

Plain & Fancy Restaurant
3100 No. 2 N. Service Rd.

Free Peer Tutoring service offered

By EVELYN BAUER
Staff Writer

It's mid-term. Exams and tests are happening. If anyone feels they can't make it, there is help available. Niagara College offers a free service called Peer Tutoring. It offers one-on-one or group help.

It is a service that a student with an 80 per cent grade or more helps another student who has difficulty in the same course.

Group tutorial sessions are given consideration to student ability, teacher and subject matter. Each session lasts one hour.

Students are welcomed to use the service for one or more subjects and can take as much time as needed.

Applications for the service are made at the Learning Resource Centre (LRC) by appointment only.

A tutor will be assigned within one week of the application.

Missing any appointments will result in an automatic dismissal from the service.

Once assigned to a tutor, students are expected to maintain certain conditions:

1) Keep all tutoring appointments and be on time. Call in advance if the appointment can't be made.

2) Attend all classes regularly. Tutors can't help you if you don't attend.

3) Do all the assignments completely, or at least try to do as much

as you can.

4) See your teacher to discuss your academic difficulty before you request a tutor.

5) Bring all the necessary texts, assignments, test papers and relevant subject material to aid the sessions.

For further information, contact counselling services at ME 103 from Monday to Friday from 8:30 a.m. to 4 p.m., or telephone 735-2211, Ext. 7778. The career library is in the Learning Resource Centre (LRC) on the upper level in the back. The office is open from Tuesday to Thursday from 8:30 a.m. to 4 p.m. and on Friday from 9 a.m. to noon. The office is closed from noon to 1 p.m. daily. Peer

Tutoring Services can be reached at 735-2211, Ext. 7769 and ask for Pat Cicci.

Also there is a new service being offered at the LRC. If anyone needs some quick help in math and English, there will be a tutor available for a quick question-and-answer period. If a student needs some help, but not a session with a peer tutor, this is it. There will be a separate table for math and English.

The service is available Tuesdays and Thursdays from 11:30 a.m. to 2:30 p.m. Signs are posted at the library. The assistance is available until the end of April.

Are you entitled to a Niagara College award?

By EVELYN BAUER
Staff Writer

Looking for some money? Have good grades. Made a contribution to Niagara College?

The awards listed are available to students through direct application. These forms are available in the Admissions and Financial Aid Office in Hennepin Hall at the Welland Campus. Each award has eligibility criteria.

The Penny Arsenault Memorial Scholarship.

Value: \$200 credit to fees. Eligibility: For a student returning to the second year of any program.

Criteria: An exceptional contribution to student life at Niagara College.

This award is a memorial to Penny Arsenault. The money came from the Student Services Counselling office coffee fund. Arsenault was the secretary for many years at Niagara. It is the first time this scholarship is being offered.

Canadian Federation Of University Women-St. Catharines (Continuing

Education Award).

Value: Dollar Variable - credit to fees.

Eligibility: Two-mature, returning female students who have returned to a full-time college program after an absence from academic studies.

Criteria: Successful in following their course of study.

Canadian Union of Public Employees (CUPE) Local 2220 Scholarship.

Value: \$500 credit to fees.

Eligibility: Mature, returning student who is a member of CUPE local 2220.

Criteria: Any qualified student related to any Niagara CUPE Local member, or a student who is related to any Ontario CUPE Library Local.

Gerencser and Russell Scholarship.

Value: \$100 credit to fees.

Eligibility: For a student returning to Niagara College.

Criteria: Completion of first year, who has made an exceptional contribution to college life and maintained an acceptable degree of academic excellence.

Earl Mountbatten Chapter Award (I.O.D.E.)

Value: \$200 credit to fees.

Eligibility: For a returning business student.

Criteria: Superior academic achievement.

Rolene Nastasiuk Memorial Award. Donated by the Ontario Perceptor Delta XI Niagara Falls Chapter of Beta Sigma Phi International.

Value: \$200 credit to fees.

Eligibility: For a post-secondary graduate student.

Criteria: To a female graduate student who has demonstrated diligence in studies, a positive attitude towards her future and sole-support parent on social assistance.

Jacqueline P. Robarts Scholarship.

Value: \$500 credit to fees.

Eligibility: For a graduate Niagara College student.

Criteria: A combination of acceptable academic progress with outstanding service to the students or the college community, who has displayed enthusiasm and good citizenship and who has made a valuable con-

tribution to the quality of college life.

Dr. L. W. C. Sturgeon Memorial Scholarship.

Value: \$150 credit to fees.

Eligibility: For a returning student in a Health Sciences program.

Criteria: Demonstrated superior scholastic ability and potential for satisfactory clinical performance.

Zonta Club of Niagara Falls Awards.

Value: Two - \$150 credit to fees.

Eligibility: Returning mature female students from Niagara Falls.

Criteria: Successful completion of the first year after the absence from academic study for several years.

To make an application for any of the awards: write your explanation in ink and explain how you feel you meet the criteria described for the award(s). The application will not be considered without supporting information.

Culture shock continues for Asian students

By LORI DUCK
Staff Writer

Moving from one country to another is a culture shock, but when the two countries are totally different you're going to have problems.

Some students from Asian countries are confused by Canadian taxes.

Hak-Kyu Kim, 30, of Korea, said the tax is included in the price of goods there. "There is only dollars, no cents."

You think secondary school is hard here? Try the Asian schools. The classroom atmosphere is completely different, the teacher speaks

and the students listen, said Na Young Kim, 19, of Korea.

There are more students in the classrooms. Instead of eating lunch in a cafeteria, the students eat in their classrooms, said Wan-Chin Ko (Sherry), 23, of Taiwan.

The school day also starts much earlier. In Korea and Taiwan, the students go to school for 7 a.m. to study. Classes run from 8:30 a.m. to 5 p.m. Home study is done from 5 p.m. to 9 p.m.

After class, some students go to the library to study some more.

In Thailand, the students eat sup-

per at school as well, said Pagamorn Chalermwong (Tang), 23, of Thailand.

Even students in elementary school prepare for university at Juku, "cram school." After the students study all their lives to get into university they play, said Takashi Yamamoto, 20, of Japan.

Almost all students wear uniforms in elementary and secondary school. In Thailand, the dress code extends to university as well, said Chalermwong.

In Korea and Thailand, older people still value sons over daughters,

said Na Young.

Overpopulation is a problem in several of the Asian countries. Toronto would be considered a small village in Korea, said Hak-Kyu. Korea also has a lot of lakes and mountains.

Canada is easier to travel within than Korea. There are no road names in Korea, and roadways are not as straight as Canadian roads.

Rice and seafood are what people eat almost daily. Little meat is eaten and everything is low fat, said Jong Kyo Ahn (Jake), 25, of Korea.

*Niagara News Tips? Please call us
at 735-2211 ext. 7748, 7749, 7750*

**Continuing
Education
Welcomes You
to Spring '95**



1. WALK-IN to:
any one of our main campus locations, Niagara Falls, St. Catharines or Welland.



2. MAIL-IN to:
Office of the Registrar,
Continuing Education,
Niagara College
P.O. Box 1005
Woodlawn Road
Welland, Ontario
L3B 5S2



3. FAX-IN to:
(905) 735-0419 for
VISA or MASTERCARD
registrations.

Epilepsy affects 1% to 2% of the population of Niagara

By MICHAEL GREVES
Staff Writer

In November 1991, Joe DiMarco's wife of 35 years developed epilepsy, marking the date of DiMarco's involvement with the Epilepsy Niagara Peninsula Association.

"She doesn't have tonic-clonic seizures anymore," he said.

After getting her brain operation in December 1991, DiMarco's wife, Carolyn, took a year to recuperate, he said. Carolyn still has recurrences, but is taking medication to control the seizures.

DiMarco has been the executive director of Epilepsy Niagara Peninsula Association for three years.

"(My) dream is to have a unit for epilepsy in one of the Niagara region hospitals," he said. The unit would be a support group able to handle any emergencies in the region.

Epilepsy Niagara, since 1968, has been functioning intermittently to help people come to terms with the disorder through support groups and fundraising.

Last year, a raffle collected \$400. There will be another raffle this year, and DiMarco hopes to at least double last year's amount.

Fundraising, as well as a one-time provincial grant, helps the association by paying rent, purchasing office materials and printing costs for flyers and handouts, DiMarco said.

"People make donations, funeral people receive donations" (in the form of bequeaths or donations in lieu of flowers) after a person has died from epilepsy. There are about 30 volunteers and about 100 people in the Epilepsy Niagara membership.

Epilepsy affects between one and two per cent of the population of Niagara, with varying degrees of severity. The disorder can affect anyone and can be developed at any age.

There are many causes and reasons a person could become epileptic. Among these is head injury, high

fever, rough handling or shaking of infants, drugs or toxic substances in large doses interruption of blood flow, diseases which damage nerve cells and diseases affecting blood balance or chemical structure. DiMarco also said stress is a factor.

When diagnosing epilepsy, if a doctor can identify the underlying cause, the condition is referred to as "symptomatic."

Of the several types of seizures, tonic-clonic (grand mal), absence, complex partial and simple partial are the most common. Seizures last between two seconds to four minutes, depending on the type of seizure. Certain physical reactions are attributed to certain types of seizure.

The typical falling to the floor, body jerking is usually associated with the tonic-clonic seizure affects all ages, while a simple partial seizure, which may only manifest itself in a smell, sound or visual phenomenon affects mainly adults. The absence seizure, ailing mostly children, is a sudden loss of consciousness, muscle movement around the mouth and blinking eyes, lasts from two to 10 seconds.

One of the most dangerous seizures, other than the tonic-clonic, is the complex partial. Varying from person to person, attacks often last from two to four minutes and are a loss of awareness of surroundings, and inappropriate actions, like chewing movements, picking at clothes, wandering, mumbling and head turning.

March is Epilepsy Month in the Niagara Region and DiMarco is planning education series' at local libraries and malls.

His office, at 266 Division Street in Welland, is open Tuesday, Wednesday and Thursday from 10 a.m. to 2 p.m.

"(I'm) available anytime. Messages on the answering machine are not there more than 24 hours," he said.

DiMarco hopes to have the office open for regular office hours, but depends on funding.

Mid-winter Pow-Wow

By GORDON HILL
Staff Writer

Sounds of summer filled the Multi-Cultural Centre on Buffalo Road in Fort Erie on March 4.

The Fort Erie Native Friendship Centre held its first annual traditional mid-winter Pow Wow with about 1,500 people attending throughout the day.

"I think it's a good turnout because traditional Pow-Wows don't attract many people," said Dean Sayers, chairman of the Pow-Wow committee.

The idea for a mid-winter Pow-Wow came from one of our elders Laverna Clause, said Sayers. "So far, it's been really successful there hasn't been one eagle feather that has fallen which is a good sign the elders tell me," he said.

Native crafts were exhibited and traditional native foods, as well as hamburgers, were for sale.

Sayers, 30, has been employed at the centre for 2 1/2 years as the Alcohol and Drug Worker co-ordinator. "In my position I have to promote drug and alcohol-free functions.

"The Pow-Wow was produced through the consultation of the community who desired a holistic approach in dealing with alcohol and drug related problems," Sayers said.

The event was a preliminary celebration in anticipation of the larger competition Pow-Wow to be held in the summer of this year in Fort Erie.

In addition to the mid-winter Pow-Wow, the alcohol and drug program sponsors other events such as the traditional teaching circle, which relates traditional native views and legends.

Volunteers needed for fall Orientation

By EVELYN BAUER
Staff Writer

Coming back in September 1995?

Niagara College needs volunteers for Orientation 95. Students from various programs will be required to help guide and assist new students who are unfamiliar with the campus.

Students should submit their name, address and phone number where they can be reached during the summer to their program co-ordinator.



Go in' South Tonight?

It isn't plastic. It doesn't glow in the dark. And if you ever need to know what time it is to the tenth of a second, you're gonna have to ask someone. You know it. It's the watch your dad gave you. And it tells more than the time.

More work added to Dental Assistant Program

By VICTORIA BECK
Staff Writer

The one-year Dental Assistant program students have a course change. They have expanded duties to learn because of changes in regulations of the Health Disciplinary Act.

This means three more hours weekly for the students in clinic times. The students do these duties at the same time as the restorative clinic runs.

"It is an added workload for both students and staff," says Billie Atkinson, co-ordinator of the Dental Assistant program.

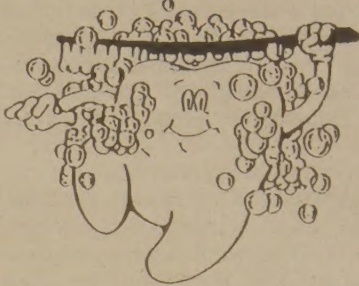
"Certain intra oral procedures that were for dental hygiene students have opened up for dental assistant students," says Sandra Stewart.

The expanded duties for the students to date are application and removal of rubber dam, taking impressions for study casts, placement and application and removal of matrix bands and wedges.

"We are keeping a journal of our progress. If we have time we will move into additional intra oral skills," says Stewart.

Heather Pepepperall, 19, says she likes the new duties "it makes the dentist's job easier. It gives assistants more responsibility."

"It is a challenge, but the results are good. It was an unexpected and added bonus that we didn't know about when we started the program," says Sharri Bozzato.



Annette Paul says, "it is more responsibility, more involved and interesting for us."

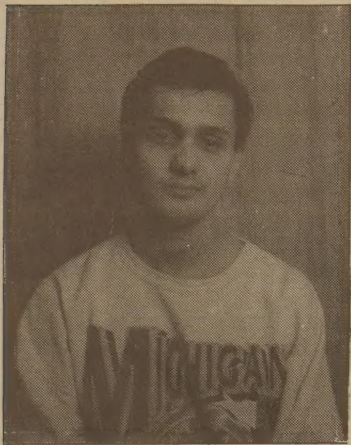
"It opens more doors for us," says Kelly Vail.

Dr. Wayne Tester, a dentist at Niagara College's restorative clinic, says the duties are "other steps dentists don't have to do so it's better."

Dr. Nick Bozicevic, a dentist at Niagara College's restorative clinic, says it is "better for dentists. The practice will be more efficient and the patient will get out of the chair quicker. The faster the patient is in and out the happier he is."

"The duties they are learning will replace the need for preventive dental assistants," says Bozicevic.

Welland Transit seems useless to students



By MICHAEL MUCAKI
Staff Writer

Imagine working on Sundays in Welland, without a car, or other transportation.

In most towns, the city-operated bus would be the solution, but not

in Welland. There is no service on Sundays nor is there service after 6 p.m. Monday thru Saturday. The exception is a community bus, which runs once an hour from 7 p.m. until 11 p.m. through some parts of Welland.

Charles Stolte, manager of Welland Transit, says Welland Transit operationally cannot afford to run buses.

Maybe that might be true, but is this bus service not here for the people not for the government and should it not run when people need it not when the government can make money?

One solution is to run two buses, one at each end of the city. It will save money for people who are forced to take a cab, which could

cost as much as \$20 to get from one side of the city to the other, or save people from walking 30 to 60 minutes to get to their destination.

The expansion of the bus service to Brock University in St. Catharines was a great idea, but even that does not offer enough bus service. There is only one bus between the hours of 10 a.m. and 4 p.m., Monday thru Friday.

In a small town, you'd expect some problems, but let's not forget those of us who cannot afford a car and who need the bus service. After all, Welland is not as small as one might think.

If the government doubts my word, then try walking from Niagara College to Ontario Road in the rain.

Two representatives needed for Education and Training Board

Submit applications by March 31

By SHELLEY HOLDEN
Staff Writer

The Education and Training Reference Group announced their need for two individuals to represent the Education and Training Sector Local Board at a press conference at the Niagara College Hospitality Centre in Niagara Falls on March 1.

Representatives will be responsible for tasks such as analysis and advice, planning, purchasing, labor market information and lifelong learning. Most importantly, they will be the voice of educators and trainers throughout the Niagara Region. They will also have an impact on individuals in the region looking for training and re-training.

The Education and Training Reference Group is based on five sub-sectors: university, college, school boards, community-based trainers, and private trainers/vocational schools. Each sub-section provides services to help people who run into barriers in the area of training and education.

'It's a very political piece to put the decisions in the community and could prove to be an uncomfortable situation' Davis

Pat Davis, temporary administration in group training, said the purpose of opening these positions to the community is to make the local communities take responsibilities and bring forth ideas.

"It's a very political piece to put the decisions in the community and could prove to be an uncomfortable situation, but it will be accountable back to us to understand why we have education and training. We will be able to see it from all eyes."

Davis said this will make things happen in the community and is "a positive step" that makes the community join hands when appropriate.

Leo Audette, principal of the Adult Learning Centre in Welland, said this situation will stop duplications and creates and promotes the need to work together.

Interested applicants should have the following: a broad perspective in education and training; a willingness to listen to all sectors and provide information; awareness with the community and a concern for equity issues; experience with a broad spectrum of learners; and demonstrate an understanding of education and training issues with all designated groups (women, francophones and people with disabilities).

Applications must be submitted by March 31. Interviews will be completed by April 21.

The two representatives will be submitted to the Reference Group by April 28 for approval.

Business opportunity



By DAWN SWAYZE
Staff Writers

The environmental enterprise movement at the Welland Vale campus has almost reached capacity.

Niagara College's St. Catharines campus has registered and confirmed 13 students to fill 16 seats available for environmental or business oriented students.

Barbara Okanik, manager of the school of business and entrepreneurship, said this program is a unique opportunity for "self-directed" education, which focuses on the student's personal businesses.

She said she believes successful people are everyday, everywhere, ordinary people who have found a focus within themselves, as well as a belief in what they focus on.

To qualify for one of the remaining seats, a student must prove he or she is dedicated, enthusiastic, willing to attend full class hours and interested in starting a business relating to the environment. Students must also have relevant environmental background skills, or experience in business.

"There are many challenges facing the environment presently. There must be a realistic outlook with responsible solutions, rather than a straight utopian vision," said Dick Marsales, 42, an environmental health and safety student at the Welland Vale campus in St. Catharines.

By design, the Environmental Enterprise program will provide a business opportunity for the environmental revolution - while the market is wide open to new names and new ideas.

Euchre tournament

Do you play euchre?
Do you want to have an enjoyable evening?
Do you want to support YOUR Niagara College Crime Stoppers?
Do you want a chance to win cash prizes?
Niagara College Crime Stoppers is pleased to announce its first annual Euchre Tournament.

Monday, March 27, 1995
At After Hours Pub
Doors open at 7 p.m.
Games start at 8:30 p.m.
Bar service available



Prices: \$5 per player advance sales. \$7 per player at the door.

Pick up your tickets at the SAC office or from your Niagara College Crime Stoppers Board members.

Get involved! The Crime Stoppers meetings are Thursday at 12:30 p.m. in M8, the LASA Student Resource Room.

If you have information regarding any incident at the college drop your anonymous tip in the Crime Stoppers box at the Learning Resources Centres or call Niagara and District Crime Stoppers 1-800-263-8477. You may earn a cash reward. You will not have to reveal your identity. You will not be required to testify.

If you have any questions or suggestions regarding personal safety or campus safety issues, drop them in the Crime Stoppers box.

Watch this column for further details.

College courses to be offered in Grimsby

By SUE NOBLE
Staff Writer

Unsuccessful three years ago, Grimsby is getting another opportunity to receive college level courses this spring.

When Niagara College offered Grimsby area residents, through the city's Parks and Recreation department, three continuing education courses in 1992, "it was more headaches than it was worth," said Foster Zanutto, Niagara College's director of continuing education.

"It wasn't really anyone's fault that it failed," he said.

Because of logistics, being held out of town at the Calder School and a lack of security at night, the idea was "not suited to the needs of the would-be students," he said.

With the assistance of Sam Lee, a Grimsby alderman and local businessman, college level courses in computers and technology will be offered on a part time basis.

"We are too far away from where the college action is. That's why I wanted college courses offered here in Grimsby," said Lee.

"The impetus will be to offer courses evenings and weekends to students seeking continued education, but because of work or other commitments cannot attend classes at Welland's Niagara College campuses or one of its satellites," said Zanutto.

"I'm hoping we'll get a co-operative, non-competitive program established in Grimsby by early spring," said Zanutto.

He said because Grimsby is part of the Niagara Region, not part of the Mohawk College area, he expects students will commute between Grimsby and Toronto.

A Message from Pontiac Dealers for Graduates from Institutes of Higher Learning.

Here's a
\$750

graduation gift from
your Pontiac Dealers

Use your \$750 graduate
bonus towards your
down payment.



NOW THAT YOU HAVE
YOUR WALKING PAPERS
WOULDN'T YOU RATHER
DRIVE!

Pontiac Sunfire SE Coupe

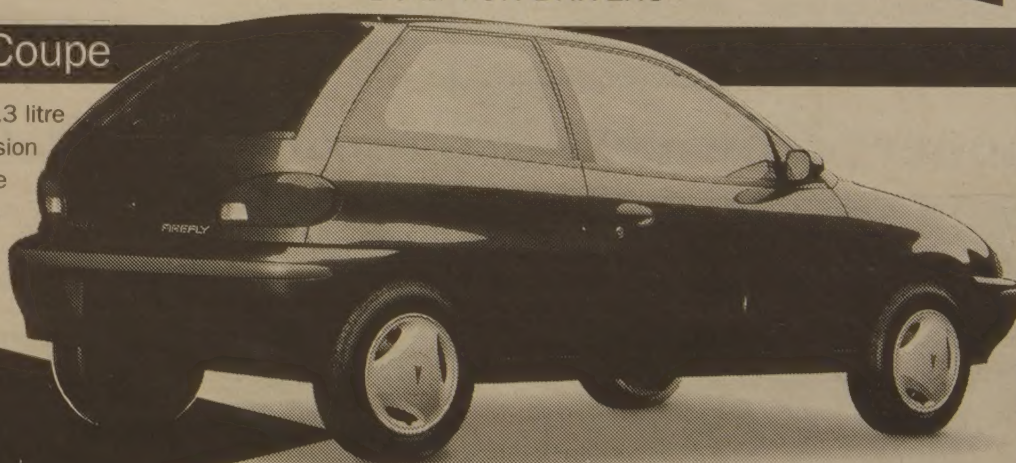
- ▼ dual air bags ▼ 4-wheel anti-lock brakes
- ▼ 2.2 litre multi-port fuel injected engine
- ▼ 5-speed manual transmission ▼ air conditioning
- ▼ AM/FM stereo cassette ▼ intermittent wipers
- ▼ rear spoiler ▼ folding rear seat back ▼ 24-hour
- Roadside Assistance ▼ GM 3-year/
60,000 km no-deductible
- TOTAL™ Warranty

\$229* PER
MONTH
36 MONTHS

BUILT FOR DRIVERS™

1995 Pontiac Firefly SE Coupe

- ▼ dual air bags ▼ side impact protection ▼ 1.3 litre
- L4 SOHC engine ▼ 5-speed manual transmission
- ▼ AM/FM stereo ▼ folding rear seat ▼ remote
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\$189* PER
MONTH
36 MONTHS

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PRICED RIGHT!

SMARTLEASE

Smart customers use SmartLease. Talk to us about custom-designing a lease plan to fit your specific needs. You can pay zero down, lower your monthly payments or use your trade-in. We can tailor your lease any way you want.



GM CARDHOLDERS

Don't forget to use your GM card earnings toward the purchase of any GM vehicle!

ONLY AT YOUR

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*Based on a 36 month lease for Sunfire Coupe and Firefly Coupe equipped as described. A minimum down payment of \$1,677/\$536 with \$750 College Grad offer applied and \$300 security deposit are required. Some mileage conditions apply. Freight (\$595/\$500), license, insurance and taxes not included. Offer applies to 1995 new or demonstrator models. Dealer order or trade may be necessary. Dealer may sell/lease for less. Offer applies to qualified retail customers only. Limited time offer may not be combined or used with other offers. See your Dealer for details.

SPORTS

Hockey might be axed

By FRANK SERRA
Staff Writer

The Niagara News has learned the hockey program at Niagara College could be in jeopardy once again.

The program was cut last year and then reinstated before the season began with financial assistance from the Student Administrative Council.

Niagara College's coaching staff and management will meet with Peter Rylander, head of the college's athletics department, and representatives from student services sometime this month to discuss the situation.

Rylander would not comment about the future of the hockey program, saying only "it's neither a yes or no at this point."

Fred Bassi, general manager of the Niagara Knights, says he hopes to have some input in the first-called meeting concerning the hockey program.

"No formal meeting has been called yet, but I hope it will be in the next few weeks. I really don't know what's going to happen," Bassi said.

Rylander said a decision might be reached by the end of March.

Hockey at the college has been played for the past 26 years.



Knights finished fourth

By FRANK SERRA
Staff Writer

The Niagara Knights hockey team came close to capturing a bronze medal at the Ontario Colleges Athletic Association championships (OCAA) held on March 3 and 4 in Lindsay.

However, future medal hopes may be in jeopardy as college administration considers cancellation of the team's support.

Niagara, who ended the regular season in a respectable fourth, came to the OCAA tournament with nothing to lose.

The first game of the tournament saw Niagara take on Sir Sandford Fleming (Peterborough campus) in front of a packed house. Niagara won the game 6-5 in overtime, but not before goaltender Dave Boulton had to stop two breakaways.

The semi-final game against Seneca College of Toronto had the same outcome as the regular season game. Seneca won the last regular season meeting 9-1 and took this playoff meeting handily 12-1.

Niagara qualified for the bronze medal game on the last day of the three-day tournament and faced off against Cambrian Golden Shield of Sudbury.

The Knights could not keep up with Cambrian, falling behind 5-0 and 11-3 before rallying to close the score at 11-8.

"We had a realistic shot at the bronze," said coach Jim Beattie.

Beattie said all in all the team came through finishing the year with respectability.

Stevens named coach of the year

By MICHAEL MUCAKI
Staff Writer

Todd Stevens is a happy coach.

Despite having a losing record, Stevens was voted top team coach by coaches in the Ontario Colleges Athletic Association (OCAA).

In the first year back in the league since 1986, the Niagara College Knights women's basketball team finished with a 7-8 record and clinched a playoff spot.

The Knights lost in the quarter-finals 64-62 in double overtime against Mohawk College from Hamilton on Feb. 28.

"It's great when other coaches around the league recognize your work," said Stevens.

"I was very happy with the team accomplishments this year, taking a first-year team into the playoffs.

"I thought we played our best game in the playoffs."

Stevens also organizes tournaments for minor girls basketball as well as helps out with Eastdale High School.

Stevens has coached women's basketball from 1982 to 1994 at Merritton High School and Sir Winston Churchill High School.

In 1990, Stevens brought back men's basketball and coached them until 1994.

He then reinstated women's basketball for the 94/95 season.

Stevens said he always wanted to coach women's basketball and after three years of trying he got his wish.

"He's done an excellent job in the last five years in bringing back basketball to the college," said Peter Rylander, Niagara's co-ordinator of athletics.

"Not so often a team makes the playoffs in their first year," he said.

Little NHL fever



The Welland Bantam A Tigers saw action against Pickering defeating them 8-2 on March 17. The Welland Tigers Pee wee AAA lost in the consolation finals against Chatham 4-3 in overtime.

Photo by Michael Mucaki

Zamboners crowned intramural hockey champs



Intramural hockey champs, "The Zamboners," from left in front row are Chris Fuller, Jason Coons, Matt Gowling and Pat McCready. Back row are from left Rob Jamieson, Aaron Gould, Dave Borland, Kyle Rodrigue, Sean Hill, Darren Levy, Mike Arnold and Ivan Kastelan.

Photo by Dave Crane

By DAVE CRANE
Staff Writer

The intramural ice hockey league has crowned its champion after a seven-week schedule, which saw everything from beautiful goals to bench-clearing brawls.

The Zamboners are the new champions after beating a team from the Ambulance and Emergency Care (AEC) program 6-1 in a one-game final on March 2 at the Welland Arena.

The Zamboners proved they were the class of the league by boasting an undefeated record. Solid defence and great goaltending from Matt Gowling, along with a lethal scoring punch gave the team all the elements needed to rise to the top.

Scoring for the Zamboners were Sean Hill with four goals and Darren Levy with two. Kyle Rodrigue chipped in with four assists.

Jordan is back

By MICHAEL MUCAKI
Staff Writer

Michael Jordan is back in a National Basketball Association's (NBA) Chicago Bulls uniform.

Jordan, who has played in minor league baseball for the last two years, has realized his future in baseball was not worth talking about.

So he is now a Bull again and I'm sure it is purely for attention.

Plus he has a chance to prove that he is the best in the league by taking the mediocre Bulls to the championship.

After his first game against Indiana on March 19, Jordan is not up to his ability yet, but by playoff time, he will lead the Bulls to a championship.

Top athletes are honored

Niagara College will hold its 26th annual athletic banquet on Tuesday, March 28 at the Welland campus Student Centre beginning at 6 p.m.

The banquet is sponsored by the college's athletic department and the Student Administrative Council.

Awards will be handed out for male and female of the year, freshman athlete of the year and most valuable player on each team.

The following intercollegiate athletes are invited to attend:

GOLF TEAM: Dennis Randall, Chris Foster, Darren French and Dave Baskette.

BADMINTON TEAM: Sean Ellis, Cindy Emery, Chris Richards, Derek Lee, Chris Frederich, Phil Grant, Krista Lochhead, Mark Kirk, Norbert Borosiu and Dona Belanger.

CURLING TEAM: Al Charuk, Susanne Mulkins, Jeff Reid, Kim Hutton, Jason Trout, Terry Fleury, Dan Werner and Jason Stelmaschuk.

TOUCH FOOTBALL TEAM: Tom Gordon, Jenn Laframboise, Jason Hayes, Guy McKinnon, Robin Machaoer, Dan Giancola, Steve Grojic, Chad Johnson, John Nicholson,

Alain Belanger, Kelly Lloyd, Jamie Paris, Larry Martin, Andy Stuart, Steve Huisman, Gerald Dixon and Steve McCitcheon.

WOMEN'S INDOOR SOCCER TEAM: Caroline Ingram, Rebecca LeBlanc, Gail Gowing, Sandra Leach, Vanessa Shepherd, Carai Thompson, Lisa Disach, Laura Brandt, Christal Robinson, Cathy Mackay, Cheryl Mackay, Mariela Doudeva, Rochella Misener, Diane Maceira, Eileen Northcote and Jen Dickens.

MEN'S INDOOR SOCCER TEAM: Dennis James, Ken Dickert, Wayne Smith, John Barkovich, Joe Nezc, Robin Morais, Ian Nardoo, Lot Savoeung, Joe Magnotta, Pawel Bozek, Sandro Perruzza, Salem Abdalla, Jody Kernichan, Matt Ireson, Nathen Martin, Gabe Bars and Mike Vendittelli.

MEN'S VOLLEYBALL TEAM: Paul Ashley, Kevin Blundell, Drew Clements, Blair Cudmore, Brian Deriks, Brian Dunn, Steve Grondin, Greg Heyder, Jim Konrad, John Lierman, Blain Preston, Franz Schuster and Scott Verhoeven, (manager).

WOMEN'S VOLLEYBALL: Laura Chatterton, Lucy Decandido, Michelle Flaglor, Jennifer Forde, Keara Kalckreath, Laurie Shipp, Jennifer MacMillan and Daniela Pippo.

MEN'S BASKETBALL TEAM: Frank Keltos, Mike Hurley, Derek Flindall, Adrian Knaap, Sergio Vercasi, John Wark, Mike Dolan, Brianj Fowler, Steve Huisman, Dave Moukperian, Adrian Golombek and Chad Johnson (manager).

WOMEN'S BASKETBALL: Shelley Doncaster, Diana Dipietro, Shelley Holden, Jennifer House, Tiffany Panchen, Julie McLaren, Kelly Smith and Bonnie Berger.

HOCKEY TEAM: Dave Boulton, Eric Hill, Pat McCready, Rich Colangelo, Pat Skuta, Chris DiGiacomo, Darren Ross, Matt Fuhrmann, Jim Reekie, Vern Wooley, Dave Crane, Chuck Gunter, Bob Dailey, Mark Radbounne, Mike Matier, Jason Harris, Alain Belanger, Lyndon Johnston, Jason Harris, Mike Tasker and George Waters.

Cudmore named new coach

By **MICHAEL MUCAKI**
Staff Writer

After eight years of coaching, Ray Sarkis has stepped down as coach of Niagara College men's volleyball team.

Sarkis, who is employed at the college as the athletic varisty assistant, said he could not attend all men's volleyball games because his job requires him to be at all home games except hockey.

Blair Cudmore will be taking

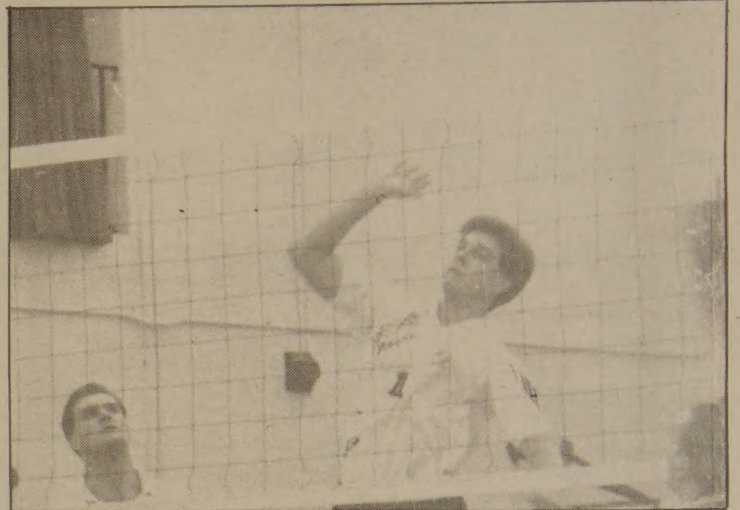
over as coach next year.

Cudmore has been playing in the college level for four years, including being a member of this year's Niagara College team.

He led the league with 217 kills and was named to the first-team all Canadian team.

Cudmore is a professional beach volleyball player and has coached volleyball camps.

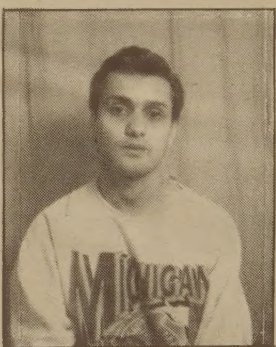
Sarkis plans to remain part of the team as an assistant coach.



Blair Cudmore, #11, was named the new head coach for Niagara Knights men's volleyball team next year.

Photo by Michael Mucaki

Athletic predictions



By **MICHAEL MUCAKI**
Staff Writer

With Niagara College's athletic banquet set for March 28, many good athletes will be honored.

Here are my predictions for who should win the following awards:

For men's basketball most valuable player (MVP), there are five players who can easily be picked for MVP. But the player who stands above all is Mike Hurley, who averaged 17 points a game and tied a Ontario College Athletic Association (OCAA) record for most three-points in a game.

For women's basketball MVP, again there are four players who should be considered. But Shelley Doncaster with 14 points a game is my pick.

For men's volleyball MVP, this award should go to Blair Cudmore, with 217 kills in regular season. Cudmore proved to be a positive force in the league.

For women's volleyball MVP, the award should go to Laura Chattertown. Her power-hitting

skills definitely helped the Knights this year.

The hockey MVP award should go to Matt Fuhrman, who scored the overtime goal at the provincials against Sir Sandford Fleming from Peterborough.

The male freshman of the year award should go to Mike Hurley. In his first year, Hurley has made a positive impression around the league and should be a big force on next year's basketball team.

The female freshman of the year award should go to Diana Dipietro of the basketball team. She averaged 12 points a game and was named to the OCAA second all-star team.

Female MVP should go to Cindy Emery of the mixed badminton team, along with Sean Ellis. Emery won the provincial championships and fourth place at the Canadian championships.



Male MVP is a tougher pick with candidates in four different sports - Ellis, Hurley, Cudmore and Al Charuk of curling, who helped the mixed team win the silver medal at the provincials. But, I think the award should go to Cudmore, who helped his team reached the provincials and was a positive figure on the volleyball court.

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availability of affordable treatments, and counselling — can help you get your life essentially back to normal and potentially keep outbreaks out of the picture for years.

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And consult your physician



John Tavares takes a flying shot against the Rochester Night Hawks at the Buffalo Aud.
Photo by Craig Morrison

Bandits spell entertainment

By CRAIG MORRISON
Staff Writer

Lacrosse is the true game of athletes. Having been a hockey and football fan all my life, I was naive to think that lacrosse could be as brutal as the other rough sports. I was totally wrong. Fortunately, I had the opportunity to attend a professional lacrosse game, and I loved it. Over 16,000 screaming fans packed their way into the Buffalo Memorial Auditorium to see their favorite team, the Buffalo Bandits kick a little butt. The Bandits did not just kick butt, they eliminated all opposing teams for the first two years of their existence. Yes that is true, the Bandits went undefeated in the first two years of their existence in professional lacrosse. Every player on the Bandits takes a serious beating every time they run out onto the floor. John Tavares, 26, from Mississauga, is the season leading scorer, as well as 1994 MVP, and team captain to the Bandits. Rob Malich of the Toronto Star wrote something that describes Travares very well. Malich writes, "Travares is to lacrosse, as Gretzky is to hockey." Having won the first two championships of their existence, the Bandits have a hard time in keeping up the tradition. Unfortunately for the Bandits last year they did not win the championship. This year's season seems very bleak as the Bandits have only won three of the eight-game season. The games are not like I have ever seen in professional sports. During the hard hitting, fast paced game, heavy metal music plays on as the Bandits receive a constant cheer from their adoring fans. A Buffalo Bandits game is more like an entertainment event instead of a sports event. I have never seen so many people screaming and dancing in the aisles at any sports event other than the Bandits. It is truly an entertainment extravaganza. I highly recommend that all sports fans try to attend at least one of the reasonably low-priced games in their lives, you will not be sorry.

Soccer teams ousted

By MICHAEL MUCAKI
Staff Writer

A young Niagara College Knights women's indoor soccer team came out with a losing record as they competed at the regional championships on March 10. The Knights came out with a 0-2-2 mark as they lost to Conestoga College from Kitchener 2-1, then lost to Humber College from Etobicoke 1-0, tied Sheridan College from Oakville at 1-1 and salvaged a 0-0 draw against Redeemer College from Ancaster. Sandra Leach and Venessa Shepperd netted the goals for Niagara. "We played very good considering it was our first year," said Niagara's Jen Dickens, adding everyone except for about three players will be returning next year. "We should be a lot better next year. We are getting a lot better all the time and I think we will be very competitive next year. "Sheridan was supposed to be a good team, but they played like crap," she said, adding Niagara should have beaten them. "I thought we were tired in the first two games considering our starters played most of the game," said Dickens.



By DAVE CRANE
Staff Writer

The Niagara College men's soccer team came home empty-handed from the regional tournament at Conestoga College in Kitchener held on March 10 and 11. The Knights managed only two ties in the round-robin tournament which included four other Ontario colleges. The Knights were blanked by both Conestoga and Humber College by scores of 3-0 and 2-0 respectively. Niagara was able to salvage some respect by tying both Redeemer College from Ancaster 1-1 and Confederation College from Thunder Bay 2-2. Scoring for the Knights were Mike Vendittelli against Redeemer and Joe Nezcic and Ken Dickert against Confederation. Conestoga and Redeemer now move to the Ontario Colleges Athletic Association Championships while Niagara hangs up the spikes for another season.

Rockclimbing becoming popular sport with Peaks

By JOHN SAVOIE
Staff Writer

It is a ballet learned high above the ground we walk upon. It is a sort of dance that takes strength, determination and agility. To some, mountains are two-dimensional scenery, as pretty as color pictures and no more real. For some men and women, however, every mountain, every rock face, is a solid, unique three-dimensional entity. To these few, the fundamentals of rock climbing give deep meaning and joy to their lives beyond and above all ordinary pursuits. Andre Zeman, 29, a recent immigrant to Canada from his native Czechoslovakia, has created an indoor rock climbing club for those in search of adventure, sportsmanship and entertainment. "I started climbing when I was 16 years old and I loved it," Zeman says. Zeman, with his wife Anne Lanthier, obtained a Venture Loan through the government and started working on their rock climbing club in September of last year. Peaks, at 630 Welland Ave., in St. Catharines, is in the heart of Ontario's greatest outdoor rock

climbing areas and offers courses for beginners and the more advanced climber. "We opened in November and since then business has been very good," he says. Zeman is a level 2 certified instructor and teaches courses in basic rock climbing, outdoor lead climbing, mountaineering and basic rescue techniques. Every week an introductory beginner's course, Introduction to Rock Climbing, is held. It features basic techniques of climbing, belaying, tying knots and safety, he says. "As soon as the weather gets better, I hope to go to Rattle Snake Point (a popular climbing area near Milton, Ont.)," he says. "Sometimes we get schools, Boy Scouts and firemen coming in," he says. "To get started costs about \$17 and that includes a day pass and all the rentals." The Peaks rock climbing club offers a safe, controlled environment monitored at all times by a certified instructor. Peaks is offering a discount to Niagara College students with identification and offers further discounts for groups of 10 or more.

If you're interested in a great physical workout, meeting new people and going on an adventure call Peaks at (905) 988-5651 or visit the facility for a look around.



Brian Penner, 21, a second-year Retail Management student, hangs out at Peaks. Penner has been climbing for about two years and enjoys the workout.

Photo by John Savoie

ENTERTAINMENT

Musician 'exposes' himself

By GORDON HILL
Staff Writer

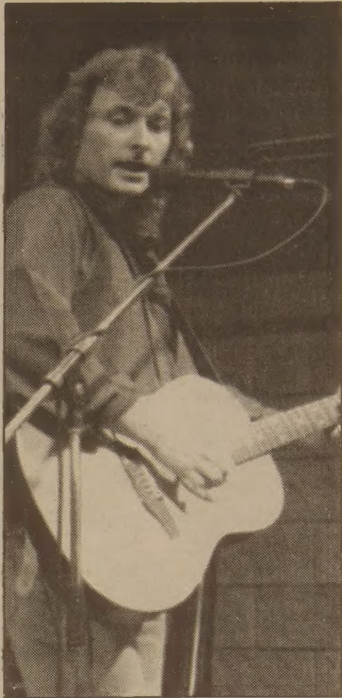
Mike Fagan exposes himself in After Hours in a big way.

The musician played for a full house March 2 at the pub. Several volunteers from the audience sang along on stage with Fagan at his invitation, an invitation no one accepted until he warmed the crowd up with some familiar cover tunes.

Fagan began playing at 14, and a couple of years ago attended the Guitar Institute of Technology in Hollywood, Calif.

Although he has a solo act, his proficient use of the Atari 1040 ST digital Midi-System allows him a full band sound with bass, six-string guitar, drums and more.

After kicking around in bands Fagan decided to go solo because of the economics and floor space of the smaller establishments hiring musicians, he said.



MIKE FAGAN

"Realizing I need more exposure, I took a promo to the Conference of Ontario Colleges, where I set up a booth, met with Dave Rapelje (After Hours manager) and he subsequently hired me," Fagan said.

The conference allows musicians and other contract services to present their service packages in an open forum.

'...the people were great'

Fagan had to make do with some back-up equipment because his truck was broken into just six days before his engagement here. Ultimately, the theft didn't affect his performance as the crowd thundered an encore left unanswered.

"I'd love to come back, as long as you would have me. I thought the people were great," he said.

Ride the 'soul' train



Look for new rock artists Freshwatersoul on a compilation album by ex-Cult bassist James Stewart from Orbiter Recording Studios. From left are: vocalist Derek Richardson, guitarist Greg Shean, bassist Peter Benes and drummer Mick Sirva.

Photo by Bryan Bernat

Heaven a la Stone

By JOHN SAVOIE
Staff Writer

Heaven and Earth

Oliver Stone brought us to the front lines of the Vietnam war with Platoon, and later we witnessed the tragedy and the victory of a Vietnam vet in Born on The Fourth of July. Now, he takes us on a journey based on the true life story of Phung Thi Le Ly, a Vietnamese girl who witnesses the war, who discovers love, and later freedom.

Phung Thi Le Ly, who co-

authored the screenplay, tells the historical background of the Vietnamese people. The movie flows wonderfully together with the help of astonishing cinematography and impeccable acting. The actors are well defined and are realistically portrayed by Hiep Thi Lee and Tommy Lee Jones.

Not all the chronicles of Vietnam will be told but this story is so heart-felt, it must be told.

\$\$\$\$\$



The Niagara Parks Commission spring display includes daffodils, pansies and tulips. Several tropical songbirds and hummingbirds were released into the greenhouse.

Photo on front page and at left by Michael Greves

Mayall sings the blues

By EVELYN BAUER
Staff Writer

The winter has been long and many music lovers are feeling the Blues.

Whether it's the time of year or the weather, listening to John Mayall's new release "Spinning Coin" will make you feel good.

Mayall has teamed again with his longtime production team of R.S. Field and Dave McNair.

It's hard to find fault with the "Spinning Coin" because if it is the Blues you want, Mayall delivers with full force and leaves nothing out. In the song "When the Devil Starts Crying," one can feel the energy. You get the urge to play the air guitar like Robin Williams in Mrs. Doubtfire.

The title track gives soulful energy and the rest of the songs make you want to sail and go

forever on the highway of life with the wind in your hair.

Mayall is introducing a new discovery to the world of Blues. From Texas, Buddy Whittington, a brilliant guitarist, has joined the band.

Since 1963 in London, Mayall has been making the Blues with the Bluesbreakers. Mayall has seen, soaked up, learned, loved, played, and pushed his beloved blues to new sound horizons.

Mayall has provided firm and fertile grounding for many stellar musicians. Eric Clapton, John McVie, Aynsley, Peter Green, and Mick Taylor are a few stars that have played in Mayall's Bluesbreakers.

Mayall delivers what is expected of him - the Blues in its true form. The music won't disappoint any listener. It's worth the purchase price.

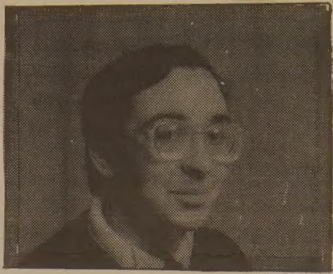
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Vanity pandering



By **VICTORIA BECK**
Staff Writer

Vanity plates are a great idea. Almost 370,000 vehicle owners in Ontario have purchased personalized plates for their vehicles.

Is there a specific reason vehicle owners want to spend an outrageous amount on a metal plate just for their vanity?

Since July 4, 1983, when personalized plates were introduced 348,514 plates were issued. We all have seen various plates. Some of which are, COFF 4 U, N1B4ME, NO XQSS, SH 2 PID, L VIRA, GO SK8 in the Niagara Region

alone. Since September of last year 16,409 plates have been sold.

In 1973, vehicle owners could choose their own letters and numbers on the plate. But the public was confused by these and regular series plates, so the program was expanded to what we have today.

Car owners really like the idea of having a graphic of their favorite sports team on their plates. The Maple Leafs have many fans in Ontario. Over 12,000 plates with the Leafs graphic on it have been sold. Next comes the Loon with 1,765 and in third are the Blue Jays with 1,037 graphic plates sold.

But where are all these new graphic plates, I have yet to see one.

But I really can't say anything bad about vanity plates because one day I will join the masses and spend my hard-earned money on a metal plate for my vanity.

New software for Nursing Centre

By **BRENT LADEROUTE**
Staff Writer

A new medical software program, donated to Niagara College, was installed at the Mack Nursing Centre on Jan. 20.

The OB\GYN Advisor Program, donated by Wyeth Pharmaceuticals, contains over 500 topics related to obstetrics and gynecology, as well as other health-related topics.

"For us it's perfect," said Donna Kalaileff, a teacher at the Mack campus familiar with the software. "I knew how useful it would be for the students to have."

She said the program is being utilized for clinical and classroom content.

To access a topic the user simply chooses a heading from the index. Several subheadings, describing

symptoms, diagnosis, treatment and other important facts, are displayed.

Two computers, located in the Mack Learning Resource Centre, have access to the program.

Kalaileff described the program as client oriented. She said the program helps students learn to relate the information to patients.



Tim Rykert (above) with Glenn Ottoway performed in After Hours in the first Comedian Night on March 6.

Photo by Michael Mucaki

Cuts hurt school

By **WILLY NOILES**
Staff Writer

Colleges will not likely know the effects of federal budget cuts on education until after the provincial election, Niagara College President John Saso says.

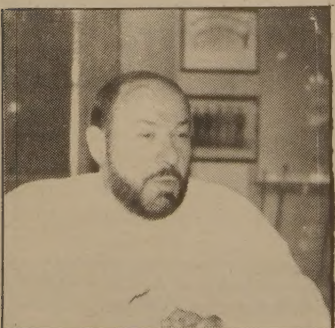
As part of the federal budget cuts, education and health care transfers to the provinces will be cut by \$1 billion in 1996-1997 and 1997-1998.

Ontario Premier Bob Rae says Education and Training Minister Dave Cooke (Windsor-Riverside MPP) will be meeting with the colleges to discuss what the cuts will mean to post-secondary education.

Rae says the government has to "ensure access and good quality education without sending our students into bankruptcy."

An Ontario election is expected this spring. Although not naming any dates, Rae says the election will be held when "the ground is soft enough to accept the signs."

Saso says the colleges have met with Cooke, but no decisions have been made.



PRESIDENT JOHN SASO

The real cuts will be coming in April 1996, Saso says. The real question, the Niagara College president says is "how much is (the cut) and how will be it be approached?"

"The one common thread is there is going to be a big cut."

Of Niagara College's \$57 mil-

lion a year budget, \$23 million is from provincial grants and almost \$35 million comes from non-grant funding, he says.

"Hopefully in the fall someone is going to say what will happen so the college can prepare," Saso says.



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Time 11:00 am - 1:00 pm
Place Merritt Bldg., ME 103

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Which committee model will it be?

By WILLY NOILES
Staff Writer

A recommendation by the executive committee of the college's Board of Governors to move from a council in committee model to a standing committee model produced some discussion at the March 9 board meeting.

One of the important points is that business should be conducted more in open meetings. The committee states it wants to "open up as many points as possible."

Under the proposed model, instead of meeting for an Academic Affairs and Administrative Affairs Committee before the open meeting, board work would be broken into four areas. Three subcommittees—Personnel Development, Academic Affairs and Finance/Property—would report back to the regular board.

The proposal did not meet with much agreement. Board members say the meetings need to be restructured, but this is not the way.

College President John Saso says it would be more productive to have one three-to-four-hour meeting rather than four meetings a month.

Niagara Falls representative Kit Thompson says the board's objective should be "less time (and) more efficient meetings."

Saso says the proposed suggestion "is a regressive step." The board should be aiming at making the process simpler, he says.

"Simplicity is the key to me in meetings."

Faculty representative Joan Hastings-Dove says the board should aim for one meeting. Saso agrees.

"We don't need those sub-committees. We're just rehashing things," Hastings-Dove says.

In an interview later, Hastings-Dove says a lot of time is taken up doing work that could be done at the board's open meeting.

"One of my aims on the board was opening up the process more. After all the college has nothing to hide."

Student representative Doris Baiano says, in an later interview, that going to the standing committee proposal would be "detrimental" to the process. Meetings need to be "efficient and more effective," she says.

Pelham representative Eric Bergenstein suggests the board check with boards at the other colleges.

The motion has been tabled until April's meeting for more discussion.

Board Chair Rick Bassett says the main priorities are opening up the board's meetings and "taking the format we have now and making it more productive."

Hastings-Dove and Baiano bid farewell

By WILLY NOILES
Staff Writer

The college's Board of Governors will soon be without the familiar faces of faculty representative Joan Hastings-Dove and student representative Doris Baiano.

Hastings-Dove and Baiano will attend their last meeting in May. Baiano, a second-year Educational Resources and Special Needs (ERSN) student, will be succeeded by Kathryn Mamo, a first-year ERSN student.

After faculty representative elections, earlier this month, English instructor Gary Webb won with 69 votes. General Studies division instructor Tom Busnarda placed second with 26. Law and Security instructor Angela North, who had dropped out of the race before the elections, received one vote. Of the

100 votes cast, four were spoiled.

Hastings-Dove, who has been with Niagara since 1966, says her three-year term was interesting.

"I'm very pleased I was on the board when we did the planning for the new campus and the renovations of the Welland campus."

It's been a long process, Hastings-Dove says, "but it's beginning to take shape." She is only sorry she won't be on the board when these plans are completed.

Baiano says her term has been "very enriching. I would definitely be student governor again in a heartbeat."

Baiano would like to see "stronger, more effective linkage" between the student representative and Student Administrative Council on stu-

dent issues. She says if she had had more time, she might have been able to achieve this.

It was "challenging and not easy, but...attainable" to do both school and board work, Baiano says.

She enjoyed working with the board. She says the board is comprised of "genuine humanitarians" who are focused on the students.

"I think that's super," she says.

In order to make the new student representative's life on the board easier, Baiano has started the idea of overlapping the terms. Mamo will attend an upcoming meeting to get a grasp on the issues before her term begins in August.

Hastings-Dove says she wishes Webb well in his term. "He'll be an excellent board member."

One upcoming change Hastings-Dove is looking for-



DORIS BAIANO

ward to is more open board meetings. She encourages more faculty to attend the board meetings. This would provide "real support to their board member," she says.

Hastings-Dove says she finishes her term with no regrets.

"I haven't refrained from giving my honest opinion."

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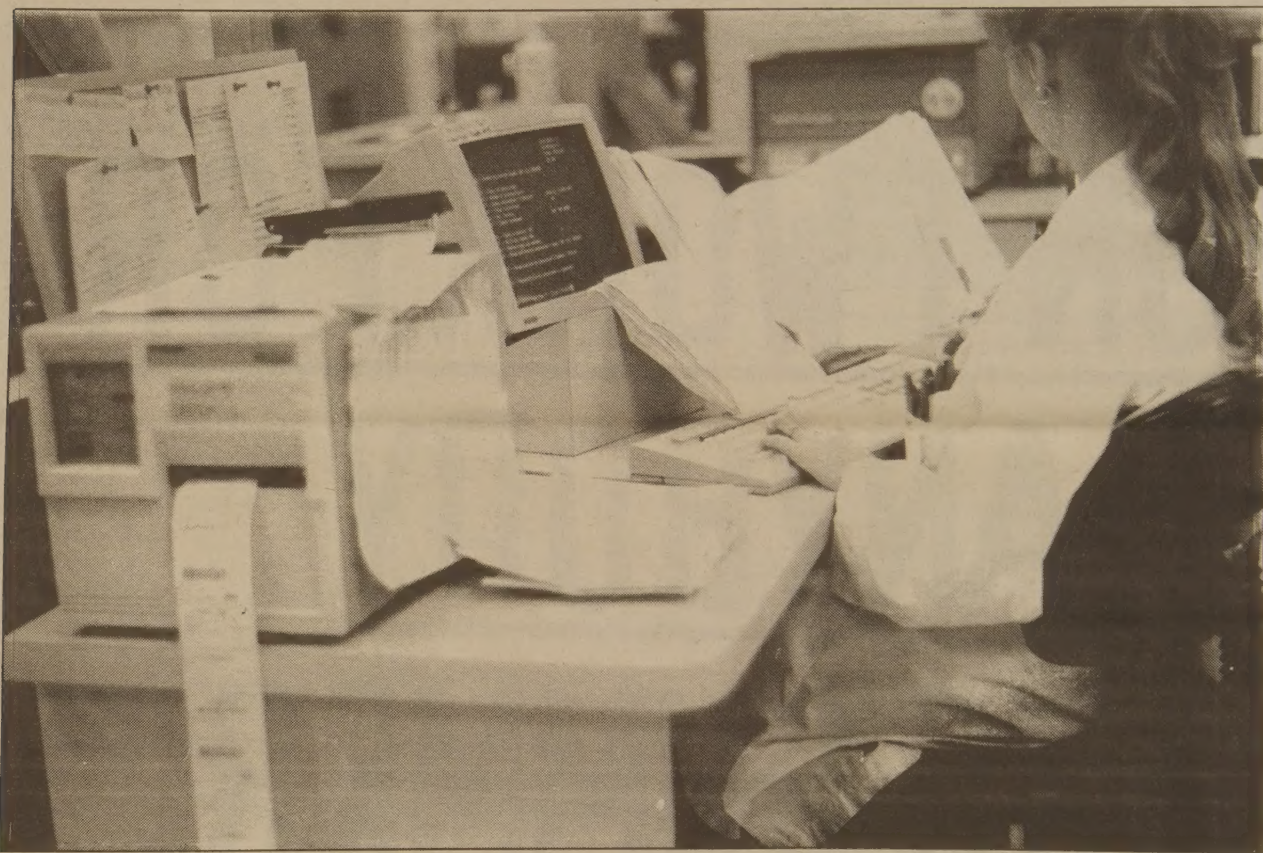
Ontario



And Still The Blood Flows



Jackie, 28, of Thorold, is getting a vial of blood taken for testing.



Patient information is being entered into the computer and a bar code comes out for each vial of blood.

By VICTORIA BECK
Staff Writer

Have you wondered what happens to the blood the nurse takes from your arm in your doctor's office?

Well, I'm going to tell you.

First, the blood is drawn into the various sizes of vials, depending on the tests to be completed.

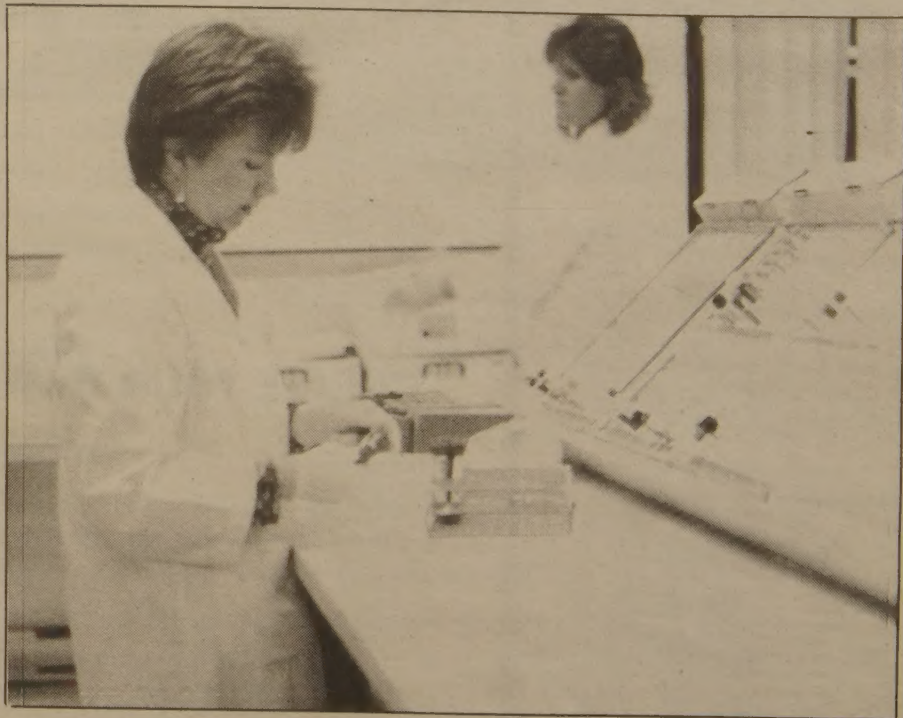
Second, the vials are sent to sorting and reporting. The vials are sorted according to the tests ordered and patient information is recorded into a computer.

The computer prints out a bar code to be put on each vial. The bar code tells the computer what tests have to be completed.

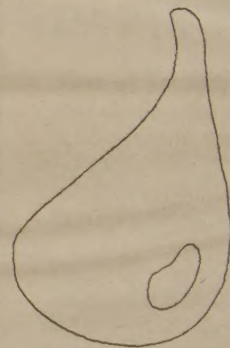
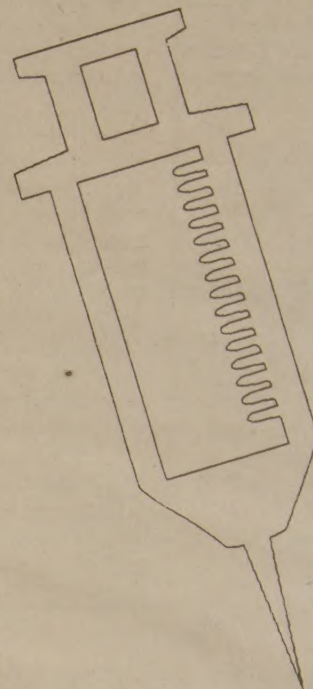
After each test has been completed the information is recorded into the computer.

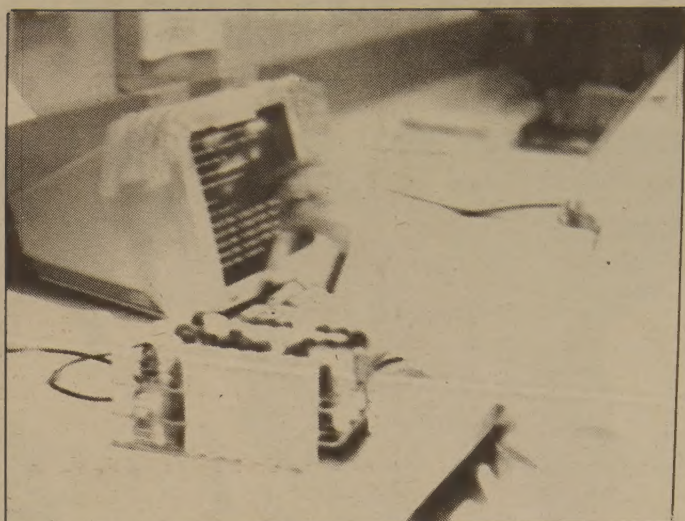
Some of the different departments your vial of blood and other body fluids can be sent to are hematology, chemistry and microbiology.

Once all tests have been completed, a copy of those tests are sent to the requesting doctor and any others that need the information on the patient.

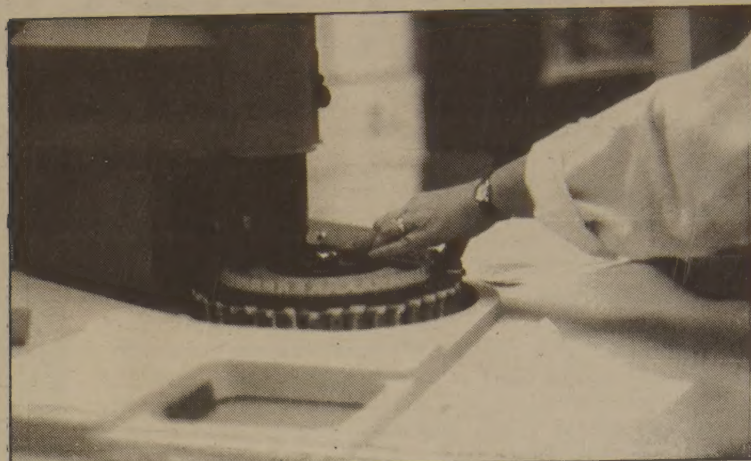


Laurie Rogers sorts the vials for the different testing that is required.

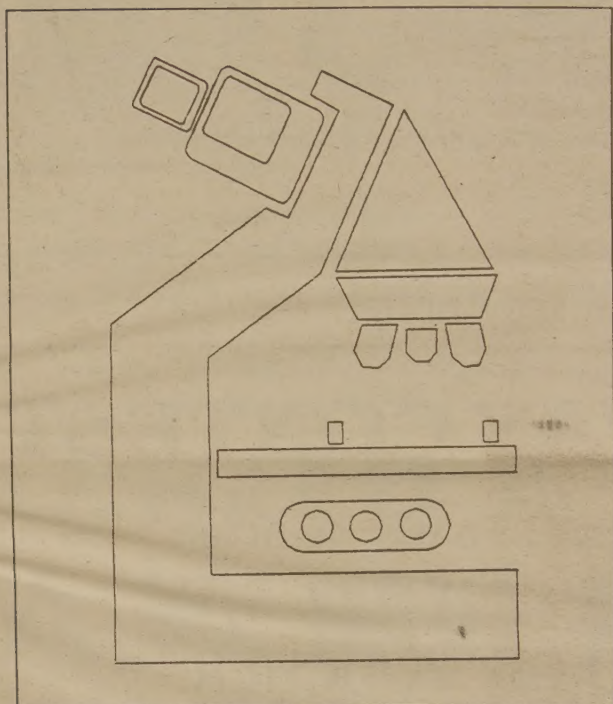




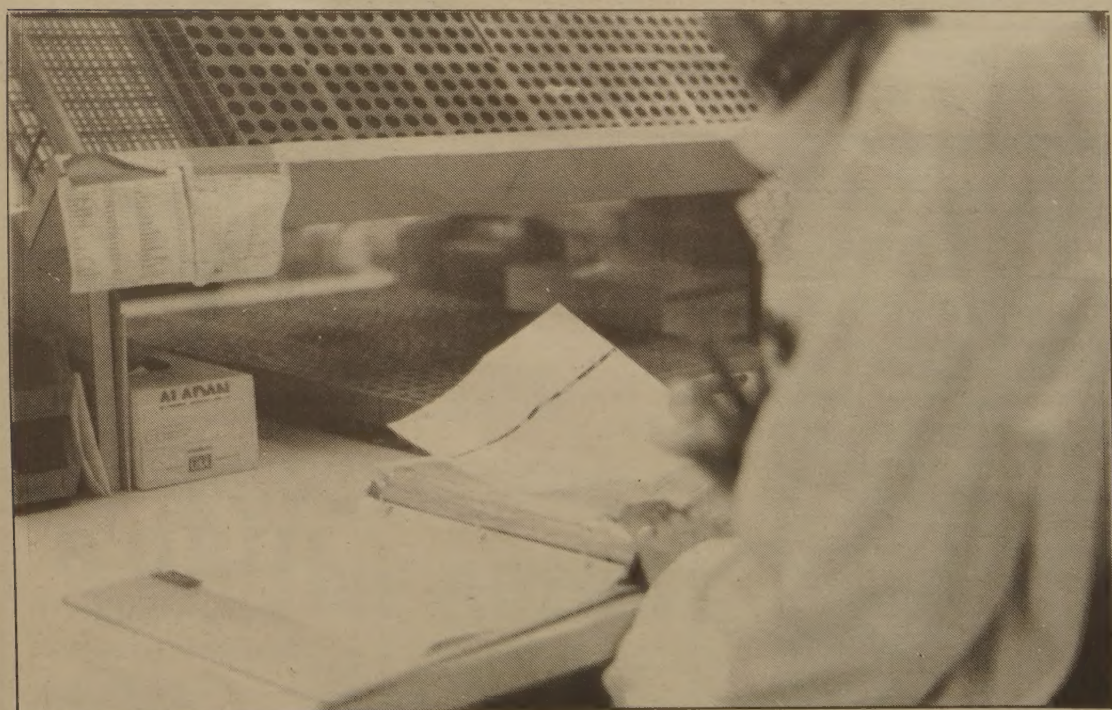
A MDS employee scans the bar code being entered into the computer.



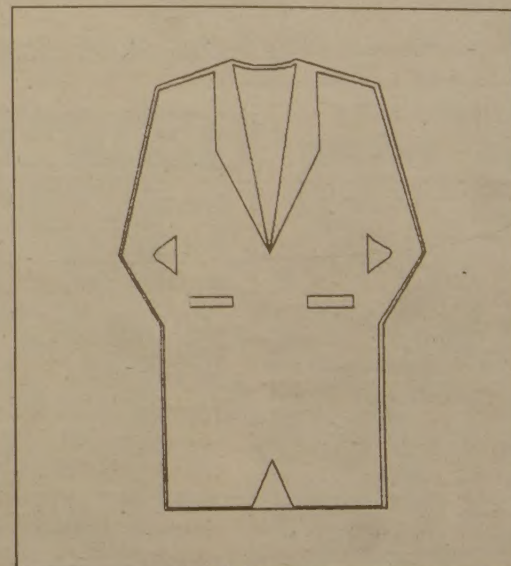
A Kodak machine, in chemistry, tests for glucose and cholesterol.



Roberta Ostryhon, a technologist, of Port Colborne, is looking at slides in a microscope.



A MDS employee is looking at the final results before they are sent to the doctor.



Photos By Victoria Beck

Smokin' Grim Skunk at The Hideaway

By LESLEY WILLIAMS
Staff Writer

Supporting their self-titled CD released in October on Cargo Records, Grim Skunk performed with Econoline Crush and Sons of Freedom at The Hideaway on March 2.

1995 is a touring year for Montrealers Franz Schuller (guitar, vocals), Joe "Evil" Burnett (keyboards, vocals), Alain "UIF" Vadboncoeur (drums), Peter Edwards (guitar) and Marc "Borris" St-Maurice. They joined ska-funk outfit Billy Goat for shows in Texas, played throughout the southern and midwestern states, California and Washington. Starting in British Columbia, Grim Skunk performed across Canada and are currently on their third European tour.

"Crowds are very receptive in Europe," says Vadboncoeur.

The medium-sized Hideaway crowd was receptive to their diverse, multilingual set, a blend of hardcore punk, progressive rock,

ska, and reggae: *Silverhead*, *Don't Hide*, *Mother of Creation*, *Martha*, *Sensi*, *Gormenghast*, *Peristroika* and *In Eight Years*.

Between 1986 and 1988, Schuller, Edwards and Burnett played in Fatal Illness, a hardcore band. Grim Skunk began in October 1988 when Vadboncoeur and St-Maurice joined. Before signing to Cargo during the summer of 1994, the band released a 10-song demo *Autumn Flowers*, a 7" *Rooftop Killers*, and in 1992 a six song EP *Exotic Blend*, which sold 7,000 copies in Quebec alone.

In December their current release reached the number one spot on Montreal's CHOM 97.7 FM Alternative Music Album Countdown. It was engineered with the help of Glen Robinson, whose production credits include work with Gwar and Voivod.

The "skunk" in the band's name refers to their pro-hemp stance.

"We have nothing to hide," says Schuller.



Grim Skunk, from left are St-Maurice, Burnett, Vadboncoeur, Edwards and Schuller.

Photo by Lesley Williams



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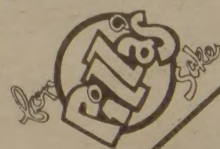
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Recreation survey to circulate at college

By MICHAEL WALES
Staff Writer

Kellie Reid wants to improve the recreation activities at Niagara College.

Reid, a second-year Recreation and Leadership student, with a committee of four and volunteers, has produced the first Niagara College Recreation Survey, to be distributed on all campuses.

The survey has been distributed to the St. Catharines and the Niagara Falls campuses. Distribution to the Welland campus will be placed this week.

"A lot of people at the college are unhappy (with the activities offered). We'd like to get the school to provide more recreation opportunities," says Reid.

Reid says activities shouldn't be limited to physical ones, but should encompass other interests.

The survey is expected to be completed by April 7.

Reid says she and a committee will analyze the results and make a presentation to the Student Administrative Council (SAC).

Reid says she has high expectations for the survey and hopes it will result in increased awareness of varsity sports, increased awareness of activities at other campuses, as well as benefiting the Recreation and Leadership program.

"Nothing like this has ever been done before," she says.

The surveys contain a ballot for entry to a contest to win one of 10 prizes donated by SAC.

Critic: 'curriculum isn't tough enough'

By WILLY NOILES
Staff Writer

The provincial government's announced common curriculum for high schools will leave students unprepared for post-secondary education, says Conservative education critic Dianne Cunningham.

"(There's a) tremendous lack of standards in the core curriculum," the London North MPP says.

The common curriculum, currently being prepared by Ministry of Education and Training staff, has five subject areas: literacy, numeracy, group learning and interpersonal skills and values, scientific literacy and computer literacy. Geography and history teachers are upset, says the former London School Board trustee, because they're no longer compulsory subjects.

Mathematics, under the common curriculum, isn't tough enough to prepare students for post-secondary, she adds.

"This is so disgusting."

Minister of Education and Training Dave Cooke says schools are being



DIANNE CUNNINGHAM

consulted. But Cunningham disagrees.

Technical teachers, school boards and local Ontario Training and Adjustment Boards (OTAB) have not been consulted, she says. "What they consider consultation is different from what we consider consultation."

Another announcement, made from the Royal Commission on Learning, that disturbs Cunningham is the reducing of school boards.

"The issue is reduce the amount of money school boards can spend," she says.

One of the greatest concerns of our school system today, she says, is that schools don't have "expert teachers in their field."

While the Royal Commission has merit, Cunningham says, its recommendations should be studied more carefully before being implemented.

There have been so many recent announcements by Cooke and Premier Bob Rae, she says, the public "can't keep it straight."

"Another election platform today and the public is paying for it."

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Women training for non-traditional careers

By **SHELLEY HOLDEN**
Staff Writer

With women comprising 51 per cent of the population in the work force, it's hard to ignore them for potential jobs.

Susan Kyle and Diane Kusiak are doing their best to prepare women for the challenge in skilled trades and technology fields.

At Niagara College in St. Catharines, a 24-week program is designed for 16 women who are interested in entering employment or apprenticeships in the skilled trades and technologies fields.

"This is not something every woman wants. Instead of traditional jobs, some want a challenge," said Diane Kusiak, co-ordinator Access to Apprenticeship Technical Skills, Ventures. "It's unusual for women to be in this field, but just because they're women, it's not an excuse to not explore different options."

The Women Into Trades and Technology (WITT) program is funded by Human Resources Development Canada and has requirements for enrolment. Potential students must be on unemployment insurance or social assis-

tance and must have a required minimum of Grade 10. An entrance exam is also required by students.

"Students are chosen because they have a desire to work in a trade," said Susan Kyle, co-ordinator Access Technical Programs Access Division. "It gives women, who are mechanically inclined, a start in basic skills and self confidence."

Students go to school five days a week, from 8:30 a.m. to 3:30 p.m. WITT is divided into three categories, Personal Development, Trades and Technology, and Workplace Internship. Some of the courses include occupational health and fitness, work related issues, welding, carpentry, motor vehicle repair, mathematics and introduction to drafting/blueprint reading. Each student has a four-week work internship which they're responsible to find.

Kyle and Kusiak work together closely to help break the barriers that arise from women and trade. Kyle teaches and organizes the program and Kusiak helps find apprenticeships. Their success rate is measured by the means that funding is

still being provided for WITT. In the last class, five of the women were offered apprenticeships, which both Kyle and Kusiak agreed was a "phenomenal success."

Lisa Lounsbury, 30, of St. Catharines, has been part of WITT for the last five months. "This is something you'd never think you would get into, being a male dominated area, but you would be surprised at the capabilities you have once you try the different skills," said Lounsbury.

Julie Christie, 30, of St. Catharines, was once a personnel secretary who was seeking to make more money. "There is lots of surprises! I didn't think I would get as much hands-on experience as we're getting," said Christie.

Kyle said when the program is finished, women are hopefully motivated and focused to find a job and are making good money.

"It's tough to get established as a woman in trades, but once you do it, you're good," said Kusiak.

Kusiak said Kyle has been great with the program and her students. "They just love her, respect her, it's really nice to see."



A student from the Women Into Trades and Technology program is seen here working on a project in welding class.
Photo by Shelley Holden

Courses in United Arab Emirates suspended Plans postponed for courses in hotel and restaurant training

By **GORDANA PIRKER**
Staff Writer

Niagara College has suspended plans to deliver courses in the United Arab Emirates.

However, plans to provide nursing training in South Korea are still "on track."

George Repar, the college's director of international students, said after careful consideration, the plans for courses in hotel and restaurant training have been "postponed" for now.

The project, initiated last year by former international director Dennis Malone, involved the college's

Hospitality and Tourism Centre in Niagara Falls, and the Ras Al Khaimah Hotel in United Arab Emirates.

Malone was approached by the Canadian Bureau for International Education (CBIE), a non-governmental organization, with a proposal in the United Arab Emirates. Niagara College competed with several other colleges in the world to bid for the proposal.

Repar said an instructor was sent to the country in October for a three month needs assessment to see what type of program would be offered.

"We were developing a business

plan to be feasible and to assess cost benefits while investigative plans were going on," said Repar.

However, with the assessment information and working with government and non-governmental agencies, Repar said they were looking to see if the project should continue.

"With the continuous strain on the budget, we need a full budget to pursue this. We have to be careful of where we put our resources," he said.

He added the project has not been totally dropped and the college is maintaining close ties with Ras Al

Khaimah Hotel to continue the project at another date.

Other agreements to provide international training are "still on track" with the Dae-Nan Nursing Institution in Seoul, South Korea.

"We are meeting with partners who are doing the recruitment and there is a good chance of making our target to get 30 nurses into the program by the fall," said Repar.

The students will begin with English as a Second Language (ESL) training and then enter the Nursing Studies program. Korean

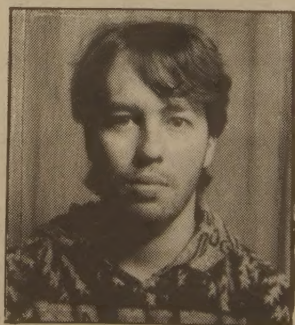
students will live in a residence in Niagara Falls, Ont., proposed by the KoCanAm consulting firm, who acted as negotiators in the deal. The residence will not be operated by the college. Funding will come from outside investors.

Repar, named the new director of international students four months ago, said he enjoys his job.

"It's pretty exciting and challenging taking over from my predecessor. But I do enjoy the work I am doing," said Repar.

Repar is also director of the Ventures program.

Slow but sure route to muscular development Weigh your options before you make a decision



By **JOHN SAKARS**
Staff Writer

During the week beginning March 7, I came extremely close to making the biggest mistake of my life.

I've been weight training for the past 2 1/2 years, and while I haven't become the giant I'd

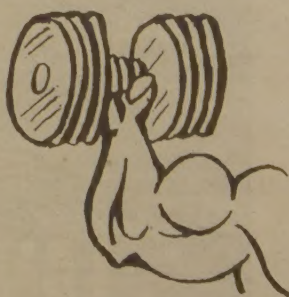
hoped to, my physique has improved.

I've gained about 35 lbs. (most of it muscle) and have enjoyed a subsequent increase in strength, but progress has become painstakingly slow—gaining muscle is not easy.

Having read countless muscle mags and books on weight training, I've discovered the best way for me to train. I use heavy weights on the basic exercises, for brief and infrequent training sessions that employ intensity of effort over volume of training.

To make the best gains, I've tried to learn as much as I can about weight training. But, in a moment of weakness, I came very close to throwing away

everything I've learned, for a method of bodybuilding that is much easier.



I'd never believed my insecurities were such that I would ever think about taking drugs to

improve my physique. I was wrong. I thought about it long and hard, and was going so far as to set up a deal for some steroids.

I'd read about all of the side effects associated with steroid use, but it seemed to me that becoming more intimidating, and more physically attractive, was worth the risks.

But when it came right down to it, I knew that drugs were not for me. If I had the potential to become a professional bodybuilder or athlete, it would be another story. But I couldn't take steroids simply for my own ego development, as gains made on steroids are not my own.

In addition, while professional athletes have access to the best sports-medicine physicians regarding their drug plan, the average Joe has to trust his dealer, and could subject himself to the possibility of getting a lot in the way of side effects, but little benefit.

Only you can decide whether or not drugs are for you. But I know that through discipline and consistency I will continue to gain muscle, slowly, but surely.

The gains I make will be due to hard work, and will be accompanied by good health and the satisfaction that I did it on my own.